

THE NOE VALLEY VOICE

Friends Tackle 24th Street Block By Block

By Catherine Lewis

Parking, traffic, and litter problems are nothing new on 24th Street. But that doesn't intimidate the Friends of Noe Valley. The residents' group has developed a 10-point plan intended to untangle the mass of cars and trucks currently clogging the street. What's more, they'll try to beautify it at the same time.

John Stalp, head of the group's planning and safety committees, says the project has already started, and he expects it to be completed within one year. He invites all concerned individuals to get involved, and said the Friends of Noe Valley was enlisting support from other groups, such as the East & West of Castro Street Improvement Club and Upper Noe Valley Neighbors.

"This is an effort that will really depend on people's commitment and follow-through," Stalp says. "You can have a good idea, but unless we have a long-term presence then it won't turn out." He noted that previous plans to clean up 24th Street had failed because of lack of accountability.

To avoid that pitfall this time around, the group has included "block adoption" as a key point in its plan. Stalp is hoping to recruit one person to adopt each block of 24th Street's commercial strip.

Once they have chosen a block, residents' responsibilities will include: approaching merchants and gaining their support for the plan, getting merchants to help pick up trash on the days the street cleaner doesn't come, monitoring and removing graffiti, and spotting and reporting major parking problems.

Mary Ann Malinak, an active member of Friends, recently began contacting businesses regarding the plan, and found her first encounter (with the flower store Indigo V on Castro) to be quite positive.

"They were definitely interested in hearing more about it," she said. Malinak



San Franciscan Stella Lopez and David Johnson, visiting from New York City, eye the "Denver boot" attached to an errant vehicle (not theirs) in front of T. Marasco's wine shop on 24th Street. If Friends of Noe Valley gets a response to its demand for stricter enforcement of parking laws in the neighborhood, there may be a lot more strapped cars to ogle in the future.
PHOTO BY BEVERLY THARP

says she plans to emphasize the benefits of a cleaner neighborhood for both residents and businesses when she meets with the merchants.



The so-called "Denver boot" has begun to tromp down on drivers who accumulate tickets on 24th Street. The device immobilizes the vehicles until the owners account for their crimes.
PHOTO BY BEVERLY THARP

In another phase of the plan, Noe Valley resident Charles Pick is writing a grant proposal requesting that the city's Neighborhood Beautification Fund help finance a facelift of 24th Street. Stalp said his group may be able to get as much as \$5,000 to use for tree-planting and other amenities along the shopping street.

Stricter enforcement of parking viola-

tions is also vital to improving traffic and parking problems along 24th Street, proponents of the plan say. They point to double-parked cars and cars parked illegally in yellow loading zones as two of the biggest problems.

Lois Perillo, Noe Valley's heat cop, says that since her assignment to the area in January 1990, enforcement has increased. But she acknowledged that large trucks continue to double-park and block traffic. She plans to approach the new owners of Bell Market—one of the major double-parking culprits—to discuss alternative spots for unloading. One solution she will investigate, she said, is the removal of the store's fenced-in loading area to allow trucks to pull farther into the lot.

Peter Gass, a member of East & West of Castro who lives on Jersey Street, notes that helping traffic movement on 24th Street will help reduce traffic problems on residential "overflow" streets such as his.

The Friends' 10-point plan also calls for shorter time limits in certain parking zones along 24th Street. Janice Gendreau, a member of Upper Noe Valley Neighbors and a transportation expert, has suggested that areas in front of automated teller machines might be desig-

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Is It Still A Buyers' Market in Noe Valley? Yes and No

By Stephen Roseenthal

Has the Bay Area's soft housing market transformed Noe Valley into a gold mine of real estate opportunities? And if so, where are these gems, and is anyone staking claims?

"There are a lot of properties out there," said Ed Leavitt, a real estate agent at Century 21 Gibraltar Realty on Church Street. "It's a true buyers' market. Values have dropped as much as 15 percent within the last 18 months, and people who have had to sell are taking a beating."

Gone are the days when bidding wars erupted and properties in any condition sold in a matter of days. Now sellers find they must be more considerate of buyers by slashing prices, making expensive repairs, and even helping with the financing. And still, some properties languish for months unsold.

But the first signs of a recovery may be taking place. "Activity in the last three weeks has increased dramatically," noted Ilse Cordoni of Zephyr Real Estate Investments, 3841 24th St.

"It's a terrible thing to say, but since the war started, business has really picked up. The uncertainty was apparently far worse than the actual reality. People seem to realize that not much has changed in their daily lives except perhaps what they view on television. However," she cautioned, "we may be in a narrow window of buyer interest now, which could quickly change if the economy worsens."

Cordoni is hesitant to generalize about property values, but feels that the best properties in Noe Valley haven't lost much in the past year and a half. "Places with all the amenities—garage, hardwood floors, fireplace, views, and a good

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The Wooden Heel—Shoe Repair to Soothe the Sole

By Grace D'Anca

Don't worry. The massive exodus of merchandise via the sidewalk sale outside the Wooden Heel shoe repair, 4071 24th St., doesn't mean another neighborhood family-run business is closing its doors or changing hands. The activity is part of a remodeling and expansion due to be completed in early spring.

Barry and Patti Wood, 23rd Street residents for over 20 years, have owned the business since 1977. They launched the \$65,000 remodeling project to meet the needs of their 500-plus weekly customers.

After the remodeling, the shop will no longer sell children's shoes, but Wooden Heel patrons can take advantage of new while-you-wait service, tennis shoe re-

pair, and dye work, along with the Wooden Heel's regular staples—quality workmanship and warm, courteous treatment.

"The shoe repair business is creative because you work with your hands. There's always something different to do, and it makes for a good interaction with the public," said Barry, 43, who began working in his family's downtown shoe repair business 25 years ago.

"With the remodeling, we have to get out of children's shoe sales to make room, but we will continue to try to do one thing and do it really well."

The revamped lower portion of the shop will house a customer waiting section and a custom-built work area featur-

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Simple Shelter: This is one of the "earthquake shacks" erected in Glen Canyon after the 1906 earthquake. For more on the history of Glen Park, the residential neighborhood that borders Noe Valley on the south, see this month's Landmarks column, pages 20-21

LETTERS 29¢

Peace Symbol on Parade

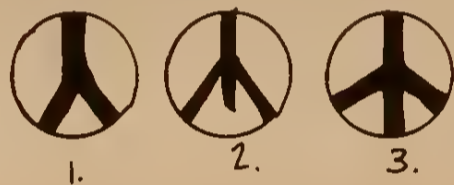
Editor:

It was a joy to read "A Mother for Peace," Florence Holub's column in the February issue of the *Voice*. For years I've wondered how and where to address the issue of the peace sign.

The symbol—drawn with three, not four, lines—actually originated in the 1950s' "Ban the Bomb" anti-war movement. I don't remember whether it was associated with the Fellowship of Reconciliation or the War Resisters' League, but the leaflet that went with it explained that the vertical line was the upper part of "a man" and the lower lines were "the legs." The leaflet added that the figure was placed against a circular background representing the universe.

Although the circle was not divided into thirds, it was close enough so that when I later saw the Mercedes logo, I thought the automobile manufacturer was using the peace sign. (This origin of the peace sign, by the way, puts to rest the religious fundamentalists' charge that it began as an upside-down twisted cross and was clearly the work of the Devil.)

As time passed, and as the sign was hand-scrawled on walls, etc., the middle line protruded farther than the joining point of the three lines, and eventually, by popular demand, it reached the bottom of the circle, thus creating a balanced tripod effect. Here's what it looked like:



Personally, I didn't thrill to the evolution of the sign, because it came to resemble the silhouette of a jet fighter plane, but such is life.

Thank you for your enjoyable article. Yours for peace,

Greg Carlisle
San Francisco



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FIV Hazard for Cats

Editor:

My cat was recently diagnosed with FIV. That's Feline Immunodeficiency Virus. My cat had received its annual shots every year since it was born, and I thought these shots would protect him from the diseases that afflict outside cats. But as with HIV, there is no cure for FIV. My outside cat must remain inside until he dies from certain infection when his immune system breaks down.

He was apparently infected by another cat in the Glen Park/Noe Valley area of San Francisco. How the disease is transmitted is not fully known, but it may be that it entails an exchange of body fluids, as is the case with HIV in humans. It seems most likely that my cat was infected by another in a cat fight. I'll never know how many cats my cat infected. Some cats can live as long as two years with the disease.

Cat owners should be made aware of this serious and growing problem. My SPCA vet told me that she is seeing more and more cats with the virus. I wish I had known about FIV. If I had, I never would have allowed my cat to roam outside. There are more dangers to an outside cat than just cars.

Alison Glazier
26th Street

Editor's note: The Voice is planning a story on the recent rise of FIV cases in San Francisco. In the meantime, SPCA veterinarian Jack Aldridge recommends that pet owners keep their cats inside. "They'll lead a perfectly full life and don't seem to infect other cats in the family," he said. He also noted that the feline version of AIDS was "species-specific," in other words, not transferable to humans or other animals. For more information on the virus, or for testing and diagnosis, call your vet or the SPCA at 554-3030.

Name That Neighborhood

Editor:

In a letter published in the *Voice's* February issue, Lew D. Serbin lamented the continuing misuse and misspelling of many of San Francisco's neighborhoods, and he made particular note of a district that has been variously called Corona Heights, Red Rock Hill, or just plain Rocky.

If he wants to feel even more frustrated, Mr. Serbin should take a look at William Saroyan's play, *The Beautiful People*, which opened in New York on April 21, 1941. In the printed version of the play, Saroyan describes the setting as "the livingroom, the front porch, and the yard of an old house on Red Rock Hill, near Quintara Woods, in the Sunset District of San Francisco." How's that for utter confusion?

William I. Bernell
Collingwood Street

A Rose Is More Than a Rose

Editor:

Lew D. Serbin's letter in your February issue, "Nitpicking Over Names," takes us down the long road of remembrance. "When I was a child..." the author begins, and we are led through a maze of street and hill names that seem to have been changed over the years.

The letter's thesis is that a rose isn't a rose unless you call it a rose; a rose by any other name stinks. For instance, Serbin is indignant that the hill once described as "Rocky" has now become "Corona Heights."

Serbin's letter would have been mildly amusing were it not for the author's homophobic/heterosexist aside: "Just as I am offended by the use of the adjective 'gay' as a noun and by the redundant term 'gay and lesbian,'" Serbin grumbles, "I am also offended by the use of incorrect names to refer to my home



In an effort to clear congestion and beautify "downtown" Noe Valley, neighborhood groups are encouraging residents to adopt a block of 24th Street. But whoever takes on the stretch from Sanchez to Noe—which features the loading docks for both Bell Market and Real Food Co.—will need some special parenting skills. PHOTO BY CHARLES KENNARD

Friends Target Traffic & Litter on 24th

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nated as green zones to allow people to get in and out quickly, and avoid double-parking or parking in the bus stops.

Perillo points out, however, that green zones present two drawbacks. First, the business establishment involved—the bank in this case—would have to request and pay for them. And secondly, she said, "The problem [on 24th Street] is with more than one or two cars. We would have to make room for six or eight cars, and I would rather see that space going to people who can park legitimately and shop on the street."

[Eureka Valley]. I suspect that, in actuality, Serbin is more offended by gay and lesbian persons than by the terms in question. Such offense is itself offensive, and demands a response.

"Gay," a word used as one sort of description for a same-sex orientation and the culture that surrounds that orientation, is properly voiced as either noun (e.g., "angry gays") or adjective (e.g., "gay anger"). Is Serbin also offended by the use of the adjective "African American" as a noun? I suppose we might assuage Serbin's rigid grammatical sensibilities by universally employing some good old-fashioned and "proper" names, like "faggot" (noun) and "faggy" (adjective). If we're lucky, other proper terms—such as "nigger" and "spick"—will also experience a renaissance.

Serbin is gravely misinformed, moreover, in describing the phrase "gay and lesbian" as redundant. Many lesbians feel improperly described by, and have historically been excluded from, the term "gay." For the most part, the term has mirrored the patriarchy of our surrounding culture. Even in San Francisco, lesbian lives are routinely ignored in discussions of "gays." It is quite possible, for example, to read a newspaper article about gay politics (or gay literature, gay folkways, gay art, gay whatever) and learn almost nothing that is specifically lesbian. This situation is similar to the way in which seemingly-inclusive words like "humans" and "mankind" refer, ultimately, to the more limited history, culture, and attitudes of men (and, especially in this country, white men). "Gay" and "lesbian" can mean very different things.

Generally, we ought to respect such meanings as they arise from those persons—such as gays and lesbians—who use them to define who they are and what they are about. Most of us have found it far too convenient to select labels for "them," to name the "other," while dismissing the possibilities for the other to speak in her own voice or tell his own story. Those of us who are truly concerned with understanding and respect, however, know that each culture has the right, and the wisdom, to name itself.

Today, the culture of the Castro (Serbin, of course, prefers "Eureka Valley") is

Other points in the Friends' plan include increasing the number of trash bins at busy locations such as bus stops, purchasing more attractive newspaper boxes, and cleaning (by sand-blasting) the sidewalks.

"We tend to represent the very immediate concerns," Gass said. "They're small on the scale of what's going on in the world right now. But that's what makes this neighborhood such a wonderful place to live. Because there are some 'busy-bodies' who care."

Those interested in working on the project or volunteering to "adopt a block" should call John Stalp at 824-7234. □

one of many intersections for gays, lesbians, transgenders, bisexuals, and those who complicate the boundaries of even those more gracious names. The neighborhood is filled with men and women who, depending upon the moment, the meaning, and the intent, might refer to themselves as "fags," "gay men," "dykes," "lesbians," or simply "queers." They can, in the turn of a phrase, become "leather queens," "femmes," and "womyn," "daddies," "girlfriends," or

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Property Values In Noe Valley

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floor plan with modern kitchens and baths—have held up well," she said.

B. J. Droubi, whose 24th Street real estate firm bears her name, agrees. She adds, "Noe Valley lacks an abundance of big homes. People who live in our neighborhood usually don't want to leave, so when their own starter home becomes too small, they find themselves in a bind, because competition for the larger homes is fierce."

Droubi estimates that since 1989 property values in Noe Valley have dropped about 10 percent, with the mid-range—small two- or three-bedroom, single-family homes—suffering the greatest decline. But she, too, senses a definite rebound in recent weeks.

"There's a very balanced market between buyers and sellers now," she said. "People aren't as anxious to sell, and buyers are increasingly conservative, with little or no interest in fixing up properties. This is creating a lack of inventory for really good houses and thus contributing to the upsurge."

All three agents acknowledged that interest rates, currently lower than they have been in years, are a significant reason for renewed buyer interest. Fixed rates for loans under \$191,000 are around 9½ percent; "jumpos" (those above \$191,000) can be had for 10¼ percent, while adjustables start at a very low 7½ percent.

Lenders, meanwhile, are heating down the door for business. "I just don't see it," said Leavitt, when asked about the widely rumored credit crunch. "Underwriting has certainly tightened, but clean buyers, i.e., those with good income histories, no credit problems, and 10 percent down, can make a deal."

Quick and no-income qualifier loans have practically ceased. These are loans where the buyer plops down 25 percent or more, and the bank conducts a minimal investigation of his or her credit history. "It was a license to lie," remarked Cordoni. "The theory was that anyone putting down that much wouldn't default.



As long as the soft housing market prevails in San Francisco, realtor Ed Leavitt says buyers with good credit histories will find it easier to get loans and lower purchase prices on properties such as this Guerrero Street Victorian. PHOTO BY TOM WACHS

Well, they did, and a lot of financial institutions got stuck with a lot of bad loans."

Creative financing still exists, however. "Tenants-In-Common arrangements are very popular right now, especially in Noe Valley," said Droubi. A "T.I.C." consists

of a group of friends or strangers who band together for the purpose of purchasing a building. Many convert to condominiums within a few years.

Nevertheless, these arrangements are not for everyone. They can and often do lead to problems. "It's like a bad relation-

ship without the sex," laughed Leavitt, with tongue not completely in cheek. "It's harder to sell a single interest in the building, and anything over two units must go into a lottery in order to obtain permission to convert to condos. [The city allows only so many condominium conversions a year.] Also, displacing the tenants already in residence can be a grievous process."

As for what's hot and what's not in Noe Valley, all our specialists agree that duplexes in the \$350,000 to \$450,000 range are in great demand but very hard to find. They also concur that the activity level in apartment buildings is low. New and disadvantageous tax laws, high prices, and the lack of opportunity for appreciation were cited as the main deterrents.

Leavitt views the condo market as somewhat flat, but Cordoni maintains, "Victorian condos sell with the same alacrity as single-family homes." Homes in the \$350,000 range still sell quickly if they are in good condition, as do smaller homes at the low end of the price scale.

Such is the type of house that Monica Steinisch and her husband, Phil Maloney, purchased. After looking "only in Noe Valley and Glen Park" for about six months, they chanced upon a small house on 28th Street during an open house visit in September.

"My husband grew up in Noe Valley," says Steinisch, "and we both love it here. We didn't want a fixer-upper, so the selection within our price range was limited. But we got the kind of house we were looking for at a great value."

Great value plus. "Noe Valley offered us things unmatched in most other neighborhoods," Steinisch went on, "like sunny weather, easy access to public transportation, a shopping street you can walk to, and a community that's not too trendy."

Thus, when all is said and done, Noe Valley continues to sell itself.

Keeping in mind that forecasting is an inexact science, Leavitt, Cordoni, and Droubi all foresee a healthy real estate market in Noe Valley over the next two years, but without the rampant expansion and frenetic appreciation of the mid-1980s.

"The speculative market is basically over," said Cordoni. "In Noe Valley, people are buying mostly for housing." □

LETTERS

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"domestic partners." The list, as you might imagine, goes on and on. A rose would be much more than a rose, after all, if roses had a voice of their own.

Like the people who use it, this empowering language is dynamic and evolving. Its messages, like the messages of all languages, depend upon context to acquire meaning. Sadly, these many-colored, tessellated patterns of meaning are surely missed by those who are merely looking at the mosaic from the outside in, and then from a very great distance.

Alan P. Kielwasser
Noe Valley

P.S. I am offended by the use of the name "Lew." When I was a child, it was "Lou."

Protect Your Roots

Editor:

Lew Serbin's letter rightly hemoans the loss of a sense of historical continuity and neighborhood identity that is caused by urban newcomers' either failing to pick up or carelessly changing the names of their locality.

As a native Bostonian, I find this so deplorably tragic in both Oakland and San Francisco. Practically all of Oakland's historic neighborhoods between

San Antonio Slough (Lake Merritt) and San Leandro have been lost because the sub-region nomenclature "East Oakland" is constantly used by the largely San Francisco-based newspaper and electronic reporters.

Is there any wonder that residents within many core American cities (with Boston as a delightful exception) lack a sense of possessing geographical identity and roots?

Oaklanders, San Franciscans, and other Bay Area residents should follow Serbin's implied plea and deliberately resurrect the nomenclature of their historical neighborhoods.

Serbin's complaint about the use of the word "lesbian" is also on the mark. Such

a use is highly sexist and, tragically, leads to the inaccurate genderizing of "gay" as exclusively male.

James F. Gibbons
San Leandro

More Tips on Vegetarian Dining

Editor:

I read your article on vegetarian eateries in Noe Valley ["A Vegetarian Odyssey," February 1991] with interest. However, I was dismayed to discover that you made no mention of my favorite Noe Valley deli, Andiamo, at the corner of Diamond and Elizabeth streets.

Andiamo is not a formal sit-down restaurant, and maybe that's why you didn't

include it, but it serves the best vegetarian lasagna I've ever eaten. My fellow teachers and I (at Alvarado) go there all the time for lunch, and have developed an addiction to the pasta and broccoli in garlic sauce. The owners, Tom and Dan, are great guys, too.

I highly recommend this deli for vegetarian food, and hope your readers will check it out.

Paula Conrey
Alvarado School teacher

Just Ask the Cow

Editor:

I'd like to reply to Jon Sindell's article on the joys of vegetarian eating.

I'm always pleased when someone decides to forego meat-eating, but those whose motivation stems from concern for animals should consider also avoiding dairy products. Cows don't just "give" milk; they only do so after pregnancy and giving birth. The calves of milking cows are taken away at birth (so humans can have the milk nature intended for the calf) and slaughtered or raised as veal.

The soy products that are now increasingly available are quite tasty and very nutritious. Try them instead!

Cass Morgan
Whitney Street

Editor's note: The price of free speech is still reasonable—only 29¢ as our new Letters heading proclaims.

We thank those people who have written to us this issue and encourage you to do the same. Even though it cost only 15¢ in May 1977, when the first issue of the Voice was published, your words are at least twice as valuable today.

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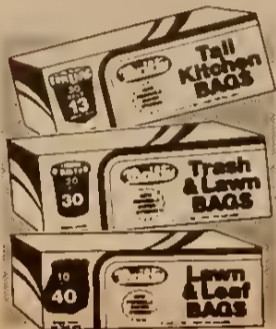
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Let BYLINES be BYLINES

The Short Life & Tragic Death Of Mike Sizer

By Rasa Gustaitis

On Feb. 10, a young man named Mike Sizer was killed when the motorcycle he was riding collided with a bus on Gough Street. Two days later, some graffiti artists from 24th Street gathered in upper Douglass Park. Working fast, keeping an eye out for police, they sprayed shock and grief into shape and color, transforming a scruffy public restroom wall into a memorial.

On one panel they painted darkness, pain, and death: crosses and a grave linked to the heavens by an electric flash powerful enough to tear body from spirit. They made hills, the Bay Bridge, the downtown skyline. On the other panel

they painted their friend's name, "SIZER," in big, floating capitals shaded with gentle surfer colors, sunlight dancing on blue.

Mike Sizer would have been 23 years old on Feb. 24. There was general agreement among the many people who knew him in Noe Valley that he was a unique and exceptional person. He was also, in some ways, like many of the young Americans now in Saudi Arabia. His death, coming at the time it did and the way it did, brought the war home, as TV news, with its bloodless war-game footage, had previously failed to do.

The circumstances of Mike's passing are not totally separate from the reasons why thousands of his contemporaries may be sacrificed in the Middle East. Like our national leaders, Mike had confidence in the technology he handled, his speed machines. "Everyone who knew him agreed he was one of the best drivers," said a friend. He enjoyed fast action and liked to push the limits. But because he trusted his own judgment and his equipment, he did not fully appreciate how a situation could get out of control. The U.S. government has demonstrated that same confidence in its ability to control the unpredictable, with devastating results that have only just begun.

Mike liked to ride too fast on a bike that was built to go faster than is safe on a city street. Perhaps he was going through the yellow at a time when it was

just about to turn red, or perhaps the bus driver on Page Street was watching Mike's yellow light and started too soon across Gough. In any case, no room was left for error.

Everyone who cared for Mike and heard him tearing around on that hike had worried about him. He knew—or had been told, anyway—that most hearts used as transplants come from young men who die in motorcycle accidents. A lot of people tried to persuade him to wear a helmet. He did sometimes, but usually not, and not on that night. The helmet messed up his hair and blocked his peripheral vision, he argued. It was good for the freeway, but not the street.

When you are young—some older people said later to each other—you believe you're immortal. Statistics do not have much impact. The chance of having an accident on a motorcycle is 10 times greater than it is for a car. In 1989, 626 people died and 17,740 were injured in motorcycle accidents in California. Of those who died, 72 percent were not wearing helmets.

In states that have helmet laws, and in Europe where helmets are strictly required, there is ample evidence that they save lives. The California legislature passed a helmet law sponsored by Assemblyman Richard Floyd last year, but Gov. George Deukmejian vetoed it. Now Floyd is sponsoring another one.

In Mike's case, the helmet probably

A few of the many friends of Mike Sizer created this memorial at Douglass Park to the young motorcyclist, killed in an accident last month. PHOTO BY LORENE WARWICK

would not have helped. At best, it might have kept him alive in a terribly broken condition, according to a close friend who looked into the medical facts. But it would certainly have helped 15-year-old Adam, who was riding with Mike and is now recovering from a head injury that kept him in a coma for two days. Mike and Adam did not have the law to help balance their judgment, as people do who only wear car seatbelts because they are legally required to.

When word got around about the tragedy and then about the mural, many people went up to the park. A lot of people knew Mike, for he had grown up in the streets of Noe Valley. As a kid, he could be found "terrorizing" the neighborhood on his skateboard, unless he was out surfing at Ocean Beach or hanging around with guys who knew about motors. As soon as he was old enough to drive, he fixed up a funny little Ferrari-red "Baja Bug" with a giant muffler he called "the stinger."

Eventually he got the Suzuki Katana with the purple rims, telling friends it was the fastest hike on the road. He did wheelies with it and roared through town on it, whether on duty (he worked last as

Continued on Page 6

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Mike Sizer

Continued from Page 5

a process server) or for fun. Next he planned to get the bike that was even faster, a GSXR 1100.

He grew up a free spirit, quick and capable, life-loving and generous. "The life he lived, as short as it was, was as full as he wanted it to be. It was rare and beautiful," said Usha Moss, his sweetheart from the time she was 12 and he 15. "He always did what he wanted, but never at anyone else's expense. We had a seven-year relationship, and that's more than a lot of people get. His friends, and our relationship, were most important to him. His friends were his family. There was more love in his life than many people have who live to be much older."

I knew Mike for almost 10 years and was among those who cared for him, respected him, and thought of him as family. But I had no idea how many friends he had until the night of the memorial service his aunt arranged. It was to be held in a small apartment on Guerrero Street, but had to be moved to a Bethel Temple hall on Valencia after more than a hundred mourners showed



Mike Sizer posed for this snapshot in 1987, when he was 20. PHOTO BY USHA MOSS

up. ("This is a tribute to Michael," said the minister there. "I have a small congregation here. It isn't as big as this.")

Even Adam came, having walked out of San Francisco General only a week after the crash. No doctor could have approved, but he wanted to be there. He was a kid growing up much like Mike had, living with a grandmother, spending a lot of time with friends on 24th Street, usually on his bike.

Mike was his true big brother. If there was anyone whose advice Adam respected, it was Mike's. That's why friends

later said that when Adam was in that coma, in the long white space so many have described as the corridor toward the other side, Mike must have admonished him: "Get back, Adam. This time you can't come with me. It's not your time yet."

During the memorial service, ministers spoke words of caution and warning, and offered advice on reality and salvation. The few older people present said a few words. The mother of one of Mike's best friends said how she would always remember his smile, and how she had appreciated that he had always acknowledged everyone. Friends spoke tearfully, briefly. They all agreed that Mike enjoyed the life he lived. He had a lot of fun, he had a lot of good experiences. He would want to be remembered that way. Then they went away, still shattered, still unable to believe that he was gone.

It was up to the memorial mural that Mike's friends went after the formal service was over. They did stop politely first, as invited, at the apartment on Guerrero where sandwiches, a fruit salad, and cookies had been prepared. They signed their names on the yellow sheet of paper that the aunt had put out, for Mike's mother. But the food was left pretty much untouched. Nobody had an appetite.

Finally, they headed up toward Douglass Park. What they had to say to each other was all there, on the wall. □



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Let *Bylines Be Bylines* be your column. Send us your thoughts, and we'll consider printing them. Your submission must be typed, double-spaced, fewer than 1,200 words, pertinent to Noe Valley, and told in the first person. We may edit for style, clarity, brevity or legality. Include your name, address, and phone. Send it to the *Noe Valley Voice*, 1021 Sanchez St., San Francisco, CA 94114.

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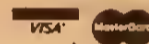
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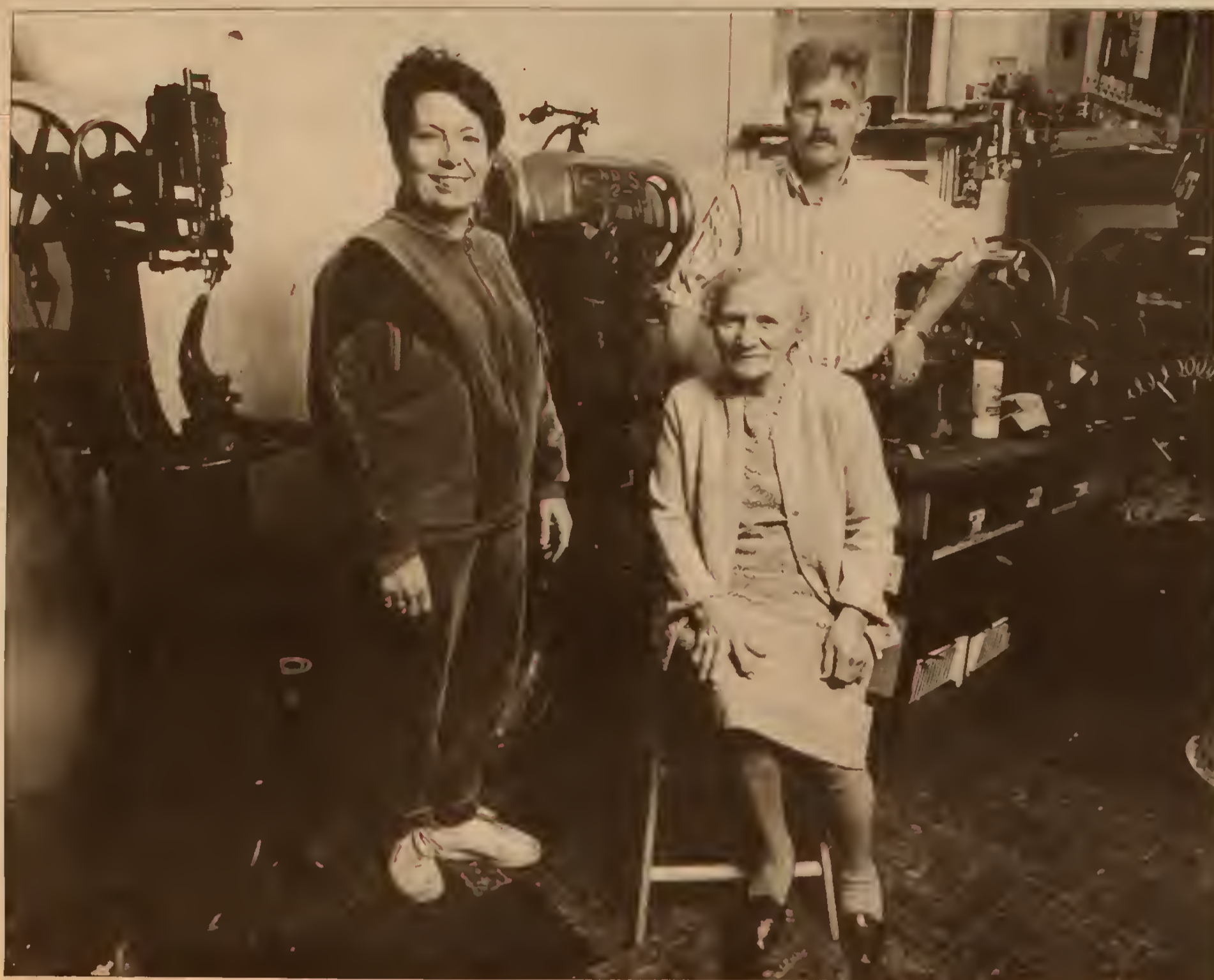
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Keeping the Neighborhood Well-Heeled

Continued from Page 1

ing the latest in shoe repair equipment. This new arrangement will put customers in closer contact with Barry and Tom Wilske, a 23-year-old San Francisco State University business student who's been part of the Wooden Heel "family" for the past seven years.

"This is definitely a family business. Everybody who works here is like family," Barry said. "Tom's sister Tina has worked here for the last six years, too. People always say, 'Ask your father to fix this,' and she just says, 'Sure.'"

Tina Wilske, a 20-year-old journalism student at San Francisco State, works the counter with Patti, 43, who happily left a systems analyst job downtown to work with her husband.

Patti spends two days a week in the shop, plus works on other aspects of the business after hours. The rest of the time she's busy tending to her children's school and other activities. (The Woods have three kids, ages 2, 5, and 9.) Patti was president of the Noe Valley Merchants Association from 1979 to 1981 and co-organizer of the now-defunct 24th

Street Fair in 1978 and 1979.

"Before we had kids, I worked full-time in the business. My goal was to work with my husband, and I like the mix of people that I meet, seniors, kids. It's really fun to watch the kids grow," said Patti.

"I'm excited about this remodeling because it's a good chance to step back and see what works and what doesn't. There have been a lot of equipment changes in the last 10 years, and we really have a chance to improve things. I'm going to miss the kids' shoes, but Peek-A-Bootique is going to stock new kids' shoes, and I've been helping them learn how to fit."

The Woods have seen 24th Street go from 1960s laid-back to 1990s in-vogue, but they say they are pleased with the growth. As neighborhood residents and merchants, they appreciate the convenience and prospective business the mix of stores gives shoppers, who can take care of all their needs in Noe Valley.

But the member of the Wooden Heel "family" who has seen the most change is 79-year-old Helen Weinschenk, who sold the business to the Woods 15 years

ago. She and her husband, Arthur, owned and operated Mission Shoe Repair at 3985 24th St. (now occupied by Gladrag's) from 1949 until Arthur's death in 1964.

Helen kept the business going another 13 years with part-time help from her son, Arthur H., until selling to the Woods, who moved to their current location a block away in 1981. Helen still occupies the same apartment in the Gladrag's building that she and Arthur moved to when they took over the business (one of seven shoe repairs on 24th Street 40 years ago), and she continues to do the Wooden Heel's patch work.

"Everyone has been awfully good to me. They treat me like their mother," says Helen, between conversations with numerous new- and old-timers strolling by on 24th Street.

"I try to be cheerful, and you get back what you give. I loved the shoe repair business. I met so many interesting people, and it was a good feeling helping them. My husband was really good at listening to people. They would talk about where they had a pain, and then we would fix the shoe so they could get some relief."

The Woods are hoping that the remodel-

ing and extra services will attract at least 25 percent more customers. Besides neighborhood clientele, customers come from all over the city, drawn by Noe Valley and the Woods' reputation. "Some of our customers have left the state and even the country, and they still have their shoes fixed here," Patti said.

Although a lot of things will change, the friendly boot-shaped "Renewing" sign, a fixture on 24th Street for over 40 years, will continue to hang outside the shop and be used throughout the business as the official logo.

Hours during remodeling are as usual, 9 a.m. to 7 p.m. Monday through Friday, and 9 a.m. to 6 p.m. on Saturdays. □



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Midwifery Movement Is Alive and Kicking

By Jane Underwood

Many experiences influenced Miriam Abrin's decision to become a midwife. "I come from a medical family," said the 45-year-old Abrin, during an interview in her lovingly nurtured back yard garden on 29th Street.

"People used to call my pharmacist father 'Doc,' and when they were sick and had injuries he couldn't treat, he would send them across the street to the doctor. He and the doctor made referrals back and forth. My parents were friends with two G.P.'s—a male and a female—who lived in the neighborhood. That's who we socialized with.

"You know," she adds, "my father was born at home, and my mother was born at home on the kitchen table. I was born in a hospital, but my mom had skin-to-skin contact with me, no episiotomy [a surgical incision of the woman's vulva], and she says she remembers how good it felt to have me placed, warm and wet, on her belly."

Abrin's life work has been dedicated to "caring for mothers, babies, and nature." Formerly a resident of Hawaii, she

moved to the neighborhood four years ago, so that three of her live children could go to U.C. Berkeley.

"I did a lot of research before I came here," she recalls, "and I chose Noe Valley because it's warm, sunny, and a nice safe place to raise children."

Abrin didn't make the move solely for her children, however. She too planned to attend a Bay Area school. After 18 years of practicing as a lay midwife, she decided to enroll in a state-approved certification program for midwives. Her decision was not easy, however, because Abrin, like many midwives, did not fully approve of the state certification system.

"Certified nurse midwives and lay midwives all want the same thing," she explains, "to be recognized as trained professionals, to be autonomous—and to regulate themselves."

But, she points out, the certification program in California is controlled and regulated by the medical establishment (i.e., doctors), even though the California Association of Midwives has been trying to implement a self-regulating program for 10 years. Practicing midwives who do not conform to current certifica-

tion requirements risk persecution—and even prosecution—should they come under the scrutiny of such regulatory bodies as the California Board of Medical Quality Assurance.

Within the traditional medical system, explains Abrin, "there is an insistence that everybody get trained in only one way. For instance, all midwives are required to become nurses. But there is not just *one* way to become a midwife." Often lay midwives have learned their profession through years of apprenticeship and disciplined study, she notes.

Abrin is echoing a sentiment voiced by many midwives, and on March 15, at 7:30 p.m., a public lecture addressing the subject, titled "Women, Witches, and Midwives," will take place at the Noe Valley Ministry. The event, sponsored by Natural Resources, a parenting resource center on 24th Street, will feature speakers Ann Fuller and Z Budapest, and will focus on women's role through the ages as healer and birth attendant. Participants will also take a look at some of the problems faced by midwives who are attempting to gain more freedom, flexibility, and respect.

"We're in a transitional period now," says Abrin, "and midwives are moving to the forefront of obstetrical health care—we're cost-effective, and we have great statistics. . . . But physicians still risk losing their malpractice insurance if they back up a midwife, even if she is certified."

Women like Abrin, however—as well as events like the one March 15—are a testimony to the fact that midwives are here to stay. But why does a woman choose a midwife over a doctor?

Because, says Abrin, in addition to the opportunity to have a home birth, "they want personalized care. All my visits were at least an hour, whereas clinic visits only last about 15 minutes. Women who use midwives know who's going to deliver their baby—they don't want a stranger, that is, whoever happens to be on call at the hospital.

"The most important thing I've learned from being a midwife," she concludes, "is how to listen. I watch the signals that a woman gives me. That's what midwives do: they learn to listen to what women are saying."

Those interested in attending the lecture on midwives should call 550-2611. Participants must pre-enroll, and the cost is \$13 per person. The Noe Valley Ministry is located at 1021 Sanchez St. □



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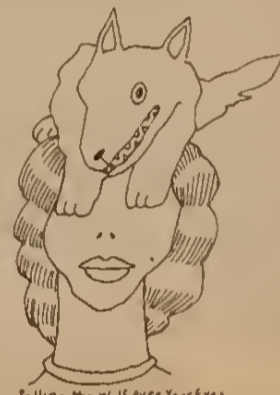


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A Visit to Dr. Kinney's Gentle Dental-Land

By Jeff Kaltss

Look carefully, and you'll find Barry Kinney's dental office in a cute Victorian on 24th Street, nestled in the middle of the action between Noe and Sanchez. Painted a radiant blue with white trim, it appears rather magical, like a Disney conception of "Dental-land."

"For kids especially, it's not so foreign to them, or threatening," says Kinney, with his trademark avuncular smile. "It's not like going to a doctor's office."

It's a welcome change even to me—someone who's faced dentists coast-to-coast for four decades. Having only recently discovered this man right under my nose, I find Dr. Kinney to be something of a wizard who somehow manages to read my lifestyle in my bite.

"You've got a lot of muscles in your face and jaws, which are very powerful, and over time you've caused some wear," he observes. "Men, maybe it's because of their stressful lives, tend to clench. So as a rule, I see more men with occlusal problems."

But unlike my last dentist, Kinney is not planning on any expensive, occult system of "equilibration" to correct my bite. Behind the Victorian facade of his cheerily modern and efficient office, he's carefully checking my whole mouth, tooth by tooth, with dental assistant Katie Norvelle recording the results on paper. From this he'll develop a modestly priced treatment plan, taking care of the acute problems first, and helping me to prevent future problems.

As he explores my ivories with probe and mirror, Kinney reveals a long history of eliciting and maintaining bright smiles from his patients. He began his practice here in 1968, nine years after graduating from high school in Sunnyvale. He'd married into a family of dentists, the Savios, who had already established their practice in Noe Valley.

"I looked at downtown office space, and the rents were reasonable at the time," recalls Kinney. "But they were all real small. My father-in-law on Church Street had his office in an old house, and that was kind of an example for me. He had a lot of room, and could do with it what he wanted."

So Kinney and his wife, Coragene Savio, whom he'd met in dental school, bought and renovated the 24th Street



Dr. Barry Kinney, known for his gentle touch and softspoken manner, has practiced dentistry for 23 years at this lovely Victorian in the middle of the 24th Street commercial strip. PHOTO BY TOM WACHS.

house, whose records date back to 1896. Their business then grew with the neighborhood.

"For the first two years we had two assistants, and then we had to hire a third," says Kinney. "But we went along cleaning teeth ourselves."

"Then it got to a point when you had to postpone doing work for people because you had all these cleanings coming in. So we decided to hire a hygienist." Barbara Bedell and William Metzler now share the responsibility of cleaning teeth and advising patients on proper care.

"As your practice gets older," Kinney points out, "you get more people into the maintenance stage of the game. The maintenance regimen is supported by today's parents, who are more conscious of prevention and proper diet than were their parents."

"As a rule, kids who come to us don't have a lot of problems," says Kinney, who has no children of his own. "If we can get the kid in by the time he's 2½ or 3 years, you can use sealants that prevent the decay in the first place. It gets them through that period when they're small and unable to clean their teeth well."

The mouth of an older patient like myself, however, often reflects a mixture of neglect and outdated practices. "This needs to be treated with a root canal," he remarks about tooth number 36. "We'll open it up from behind and get all that dead stuff out."

One whole quadrant (or a quarter of my mouth) shows signs of gum-line decay, but it's tough to tell how bad. "The first thing we're gonna do is clean, and then we may not need to do root planing

and scaling," he explains. "But we're gonna list it, because we don't want to do an estimate and then add on. We can always cross things off."

Along with Norvelle, office manager Linda Vilorio and dental assistant Niloufar Yazdanbakhsh help establish dental records, take X-rays, and carry out standard procedures. The diligent staff has helped Kinney build up an impressive client base over the years. "We see people now who are having their own children, who were kids when we first saw 'em," he testifies. "On the one hand, it's very pleasant. On the other hand, you know you're getting older!"

"All the little old ladies used to come in and say, 'He's such a dear boy,'" laughs Savio. "Now, with his graying hair, he's become a 'dear man.'"

Kinney's popularity rests partly on his reputation as one of the gentlest dentists in the business. "He has a touch that matches his soft-spokenness," says his wife and colleague. "I think it's his manner which is comfortable, because when you're numb, it's hard to tell about the pain." One patient refers to Kinney as "the Mister Rogers of dentistry. He's just so nice, it's a wonderful experience."

A pair of expatriate Noe Valley residents travel all the way from Los Angeles to be treated by their favorite neighborhood dentist. And some of Dr. Kinney's elder fans resort to "loose dentures" as an excuse to pay him a visit.

Not that there aren't more serious problems, for which Kinney's accessibility makes him a favored source of relief. "We have maybe one emergency a week for someone we've never seen before," he

says. "I had one yesterday—she broke a tooth off right at the gum line while she was eating nearby. So I just kind of squeezed her in between other people. We treated it temporarily, put a couple of pins in, and re-cemented the crown. At least she can go about her business without that space up front like a jack-o'-lantern."

Kinney likes to exercise his own teeth on lunch at Herb's or the Noe Valley Deli. Or, after a busy day of having to stand still, he'll order take-out from the Chef, next door to his office, and take a brisk 20-minute walk to his home, high on Zircon Street, off 29th.

In his spare time, he serves as chair of the Ethics Committee of the San Francisco Dental Society, counseling members on how to deal with disgruntled clients. Some clients complain, for example, about dentists who have discontinued treatment under MediCal. Dentists—including Kinney himself—are not fond of MediCal because "you can't get compensated to a level that even pays your expenses," he explains.

However, he has taken on the post of president of the California Foundation of Dentistry for the Handicapped, an aggregation of about 250 practitioners who have agreed to see one or two needy patients a year, free of charge.

As for me, I will have to pay for my late introduction to the proxy brush. Aside from the cleaning and repair of old fillings, there'll be four crowns, and a bridge to replace the troubled tooth pulled by my prior practitioner.

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Going Hopping: The Easter Bunny was spotted at 24th and Noe streets doing some pre-holiday egg shopping. PHOTO BY ED BURYN

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How Local Dentists Handle AIDS

By Jeanne Alexander

How do our local dentists deal with patients who have been diagnosed with AIDS? How, in fact, do they know if a patient has AIDS or not? The *Voice* recently asked these questions of three neighborhood dentists, and received basically the same response: they treat all clients as though they were HIV-positive.

"I treat everybody as if they could have AIDS," says Dr. Glen Belen, "meaning that we practice maximum infection control on every patient that sits in the chair."

On a first visit to Belen's 29th and Mission Street office, patients fill out a health history form that asks whether they've had a variety of diseases and medical conditions. AIDS is one of the diseases listed.

But whether or not his patients check the box beside AIDS, Belen guards meticulously against the possibility of infection. He dons gloves and a mask, and sterilizes his instruments in an autoclave,

a device he describes as a "high-pressure cooker."

Belen recalls that in the early 1980s dental schools were teaching the use of gloves only during surgery. Now, he says, he and virtually all of his colleagues in the San Francisco Dental Society use gloves for all procedures.

Dr. Barry Kinney, on 24th Street, says he wears gloves all the time and a mask about 30 percent of the time. "I do a lot of prosthesis," he says, "and I can communicate better without a mask. It's one more barrier between me and the individual."

Kinney, who is currently serving as chairman of the Ethics Committee of the San Francisco Dental Society, does not include the AIDS question on his health form, but says he might ask it in the private interview that precedes any work he does. According to the judicial council of the California Dental Association, he adds, there is no regulation governing what questions may or may not be asked on the form.

Practicing in the same office is Dr. Coragene Savio, Kinney's wife and colleague. Even without the specific AIDS question on the health form, she notes, "There are other queries—about hepatitis, pneumonia, hospitalization, and medications—that give us clues." But

with or without knowledge of her patients' medical status, Savio practices safe dentistry and wears gloves while treating them.

Savio believes that concern about HIV has had one positive effect—that of forcing health professionals to focus even greater attention on infection control. As to the response of the dental profession as a whole toward the onslaught of AIDS, Savio says, "I'd like to think that the attitude in San Francisco would come to be the norm," noting that she sees a great difference between dentists here and in other parts of the country, where AIDS patients are having a harder and harder time finding dentists who will accept them.

Dr. Sylvia Jimenez, who practices in an office on 24th above Castro (formerly occupied by Dr. Kira Eldemir), says, "Most people who know they have AIDS will tell me. And if they are diagnosed later, after they've been my patients, they will tell me and ask if they can still come." Jimenez does include the AIDS question on her health questionnaire.

In any case, she says, her procedure is the same for all patients: she wears gloves, a mask, and glasses, and every piece of equipment in the office that cannot be sterilized in the autoclave is fitted with a plastic cover—syringe tips, suction tips, drill handles, light handles,

headrest, lamp, everything but the chair itself, which is washed down after each patient leaves.

"It's expensive," she says, "but the peace of mind is worth it to me. I'd like to feel as though I could bring my mother here tomorrow and not have to change or re-clean anything." □

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An Exclusive Interview with the 49ers' Steve Young

By Xavier Lanier Jr.

Editor's note: It's been two months since the 49ers' hopes for a third-straight Super Bowl faded, but 11-year-old Whitney Street resident Xavier Lanier is still glowing from his end-of-the-season feat: he interviewed one of the team's most sought-after stars—second-string quarterback Steve Young—at a time when the players were being kept under lock and key. Here's Xavier's account.

My sixth-grade class at Everett Middle School, 450 Church St., took part in a Kid Witness News Program, sponsored by Panasonic. It's a nationwide contest for students to make a news broadcast video. They loaned us three video cameras and other equipment, like TVs and VCRs, to use throughout the school year.

Gavin Celia and I (he also lives in Noe Valley) are the student sportscasters. So on Jan. 10, two days before the 49ers and Washington Redskins' playoff game, we interviewed 49ers quarterback Steve Young at the 49ers headquarters in Santa Clara. This is what happened:

"Hi, I'm Xavier Lanier and this is Gavin," I said to the guard in the lobby. "We have an interview appointment with Steve Young for the Kid Witness News Program."

"Yeah, right," said the guard sarcastically. "Let me check." (This was the week the media was barred from watching the 49ers practice.)

The guard called the locker room to see if Steve was really expecting us. While we waited, we looked at a huge trophy case filled with Super Bowl trophies, other various trophies, and special game balls.

Steve came out of the locker room and greeted us. After he shook our hands, he said, "In here." And he pointed to the

locker room door.

TV reporters, like Joe Fonzi, were looking at Steve, probably wondering, who are these kids? Earlier, the reporters had asked if they could go into the locker room and they were told they couldn't.

The locker room was big. And, off to the side, was a huge weight room. We went into a small side room. Steve closed the door so the other players wouldn't disturb us. Then we began the interview.

Steve grew up in Connecticut and went to Stanford University, in Palo Alto, where they have great football coaches.

"It's wild," Steve said. "I'm 28 years old and I'm still playing a game. I've always wanted to be a quarterback because my heroes were always quarterbacks. When I was growing up, my favorite player was Roger Staubach, a famous quarterback for the Dallas Cowboys, which was my favorite team."

At that point in the interview, other players started banging on the door yelling, "Steve, let us in!" Then I noticed that all of the team's food and drinks were in the room. But Steve wouldn't let them in to eat.

Unlike a lot of players, Steve likes practice. "I enjoy it because it's nice to get together with the guys and talk," he said. "I like getting prepared. I thought that you just showed up and played. But there's a lot more to it. There's a lot of memorization and a lot of work. I like practice so I can get extra prepared."

I asked him how many Super Bowl rings he thinks he will have by the end of his football career.

"I already have two, which is two more than 99 percent of the people who have ever played the game. So I'm very fortunate."

"Bill Walsh and George Seifert are both great coaches," explained Steve. "The difference between them is that Bill



Backup quarterback Steve Young, a rare but special player for the San Francisco 49ers, granted an interview to a couple of rare but special Everett School journalists, Gavin Celia and Xavier Lanier (right). PHOTO BY GERALDINE LANIER

Walsh was always an offensive coach. So he was an expert in the offense. And George has been a defensive coach. So he's an expert in defense. That's the difference between them. They just have different expertise."

Steve is famous for scrambling or running for yardage. He says that he's not scared of being hurt by the people he can see on the field. "The guys I can't see are the ones who scare me."

I asked him if he ever thought about being a running back.

"Not really," he said. "If I'd ever played running back, I don't think I would have been a very good one. I'm a good runner when nobody knows what's going on and I just run out of the pocket. But if I had to actually line up and had to run into somebody, I'd be killed. People have asked me that before, but I don't think I could have been one."

"How do you stay game-ready if you don't know whether you're going to

play?" I asked him.

"Well," he said, "I just think that I'm playing. I play the game mentally in my head all the time and that's the best way to do it. I'm always ready to play right away."

Steve also explained what it's like to play with Jerry Rice. "It's like if you've ever driven a Volkswagen beetle and tried to go fast, compared to a Porsche," he said. "You're the same driver but your car is faster. And with Jerry Rice you're driving faster all the time. So it's just like driving a faster car. You can get places a lot quicker."

Steve is now going to law school for an "after football" career. He loves to ski and plays a lot of golf. He also likes to read books. He likes movies too. He said that he goes to all the movies.

After the interview was finished, Steve brought us outside for pictures. Then, we thanked him and gave him an Everett School sweatshirt. □

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Taekwondo: Non-Macho Karate for All Ages

By Geraldine Lanier

Martial arts classes, such as aikido and judo, have become increasingly popular in the last few years. Those who take them want not only to learn physical self-defense, but also to attain the confidence needed if faced with a threatening confrontation.

One martial art that is gaining a devoted following in Noe Valley is "taekwondo," a Korean form of karate that's also known as "super karate." And at Bethany Methodist Church, on Clipper and Sanchez streets, people of all ages and backgrounds are signing up for classes offered by the American Taekwondo Association (ATA), Noe Valley Club.

"We have a higher rate of children and women than any other martial art," notes instructor Fernando Navarrete, 37. "That is because ATA has eliminated a lot of the 'macho tough guy' and 'you need to deal with pain' situations, and has made it more of a sport which is much more enjoyable and family-oriented."

Susan Magley, 35, an accounting manager for a consulting firm, has been taking ATA classes at Bethany for 1½ years, and just earned her "first-degree" black belt. (There are nine degrees, or levels of skill, within the rank of black belt.) "I began taekwondo because it was a form of exercise that was known to reduce

stress. My concentration has improved, plus I've toned up and become more developed. I've also gotten a better understanding of the process of getting belts, which helps you understand the benefit of taking small steps toward an ultimate goal."

Taekwondo students begin at the white-belt level, learning movements such as side kicks, reverse punches, inner forearm blocks, and "knife-hand" strikes. They are then able to start their "forms," or combinations of different movements. The white-belt form, for example, has 18 movements. With each successive belt (there are 11 belts in all, each a different color), the number of movements increases. The first-degree black belt has 81 movements.

"The translation of a first-degree black belt is 'serious student,' explains Navarrete, who is a third-degree black belt. "And that's when the fun stuff is taught—when training is really intense, since the students now have an understanding of the art. So it's actually a beginning and not an end goal."

"There's the idea about black belts being intense killers like Bruce Lee and Chuck Norris," he adds. "But that's not what black belt means at all. It means a level of time into the sport. We have older people, in their 60s, who will never be able to do jump-spin kicks, or light eight

people at once. But from where they've started, they've definitely come a long way. And they are true black belts."

Midge Mellan, 54, a blue belt (seventh rank), mother of nine, and grandmother of three, takes classes with her 19-year-old son Tom. "This is great conditioning for a person at any age," she says. "I think it's good for someone like me to have some knowledge of martial arts. And in these classes, there's a real understanding of an older person's limitations."

The ATA was founded in the U.S. 25 years ago by Korean "grandmaster" H. U. Lee and Dick Reed, a friend and fellow instructor. Based in Little Rock, Ark., the association now has 200,000 members worldwide, with 2,000 schools and hundreds of clubs.

One policy of ATA is to include those who have disabilities such as seizure problems, back injuries, or knee problems. People in wheelchairs may participate, too, using specially adapted forms. And children with cerebral palsy and Downs syndrome are also being taught. In addition, the association sponsors regional tournaments, and on the West Coast, 300 to 500 people, ages 3 to 70, participate each year.

Navarrete became interested in taekwondo eight years ago, when a friend needed a partner in his Marina Club taekwondo class. After Navarrete earned his

Under the tutelage of Fernando Navarrete, 5-year-old Dane Klingaman jumps, kicks, and sometimes takes a fall, but he still "likes the moves" of the martial art taekwondo. PHOTO BY CHARLES KENNARD

first-degree black belt in 1984, he joined the ATA instructors' program and, from there, decided to open his own club at the 25th Street Workout, on Castro Street in Noe Valley. He started out with three adult students in 1985, and in 1986 moved to the Bethany space, where he and co-instructors Jerry Mannion, 36, and Bob Larsen, 32, now have 70 students.

Besides teaching taekwondo, Navarrete also works as a social worker, and for 15 years has been involved in doing family therapy and social work with low-income families, pregnant teens, and teen parents.

Since 1988, he has also taught taekwondo at the Katherine Michiels School on Guerrero Street, where children ages 3 to 6 get their sensory motor training by learning simple forms of the art. Dane Klingaman, a 5-year-old yellow belt (third rank), began his taekwondo training at these classes, and is now a regular student at the Noe Valley Club.

"Taekwondo has given him a sense of appreciation and respect for skill," says Dane's mother, Barri Klingaman. "He's benefited the most from the camaraderie of boys. And the discipline of the physical activity gives him a good outlet for his boundless energy."

Says Dane, "I like the moves best. And

Continued on Page 15

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Taekwondo

Continued from Page 14

I like when I get to fight Mr. Navarrete back." (It should be noted, however, that taekwondo emphasizes "situational awareness," which teaches children, and adults, how *not* to get into fights in the first place.)

"I expect my students to have a good time," says Navarrete. "That's the most important thing at this club. . . . We're not competitive at all. Everyone's real helpful with one another."

"I like making new friends," declares Anthony Pacrem, 11, a camouflage belt (fourth rank). "And Mr. Navarrete's a good teacher who trusts you."

Bob Brill, 50, a red belt (10th rank) and aircraft mechanic for United Airlines, adds, "Friendships are also the big thing for me. It's just good family fun here."

In fact, Navarrete even has one entire family enrolled in his classes. Angela Negro-Beem, 36, is a 911 operator and a "recommended" black belt. Her 11-year-old son, Justin, and 13-year-old son, Lance, are on their way to black belts, and daughter Melinda, 15, has her red belt. "My mother wanted me to take taekwondo," says Melinda, "because I was going to school in the Potrero District."

Angela's husband, Jim Beem, 36, who is a white belt and city paramedic, says, "I began taking classes because I work in the streets, and it can get really violent for a paramedic nowadays. I've been attacked twice by street people, so I figured I should take taekwondo for survival skills."

Only one student from the Noe Valley Club has had to use taekwondo in the streets, Navarrete says. The woman, who was an orange belt (second rank) at the time, was attacked on Valencia Street. "She knocked out her assailant with a round kick to his head."

When students reach the camouflage rank, they begin to incorporate sparring into their movement forms. Anyone who spars, however, must wear foam-cushioned head, hand, and foot gear. "We have had no injuries the entire time this club has been open," Navarrete points out. "The sparring is very supervised. It's also light to no contact. . . . They need to feel as



Fernando Navarrete, a record-breaking black belt, teaches "family-oriented" taekwondo in his classes in Noe Valley.
PHOTO BY CHARLES KENNARD

though they'll be allowed to throw new techniques and more difficult techniques without being injured."

Another component of taekwondo is board-breaking. "Board-breaking is an evidence of power," Navarrete says. "You can throw techniques, and they look very pretty, but they're not really effective and strong. The technique has to be pure and powerful to break boards."

"I cringed when I was called on to break a board," recalls Gerri Arellano, 39, an orange belt and children's book writer. "But Mr. Navarrete assured me that I had a good, strong side kick, so I did one as best I could, and the board actually broke! I was astounded, because my heel didn't feel a thing."

Last summer, on June 23, Navarrete broke the martial arts world record for board-breaking, using two-inch-thick bricks weighing 14 pounds apiece. Using "palm-heel" strikes, he broke 72 bricks in 60 seconds. The previous world record was 47. His accomplishment will be recognized in the upcoming May issue of *Taekwondo World* magazine.

Navarrete recently added a black belt class to the Noe Valley Club's Tuesday schedule. Weapons training will be included in this class, and students will learn what to do if attacked by someone with a knife or a gun. And starting this month, he will also be adding a child protection program for kids and their families that will emphasize techniques

to prevent abduction.

According to Navarrete, taekwondo techniques not only develop a body physically, but also cultivate self-esteem. Mike Alfaro, 27, attests to this. "I'm a recovering alcoholic and drug addict. I grew up in this neighborhood, and ended up drinking a lot and hanging out with the guys at Day Street park. Doing a martial art was something I've always wanted to do, because since I was an alcoholic, I've dogged my body for years. Somebody in my position lacks self-respect. This taekwondo definitely gives me something to achieve."

The Noe Valley Club classes are held on Tuesday and Thursday evenings, and Saturdays during the day. For more information, call 282-8943. □



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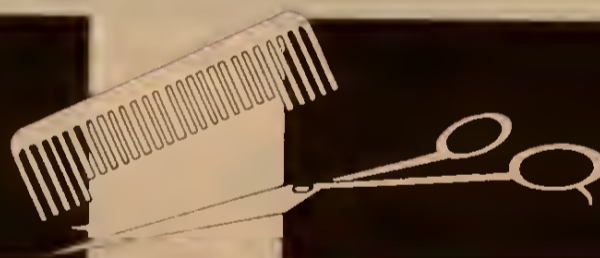


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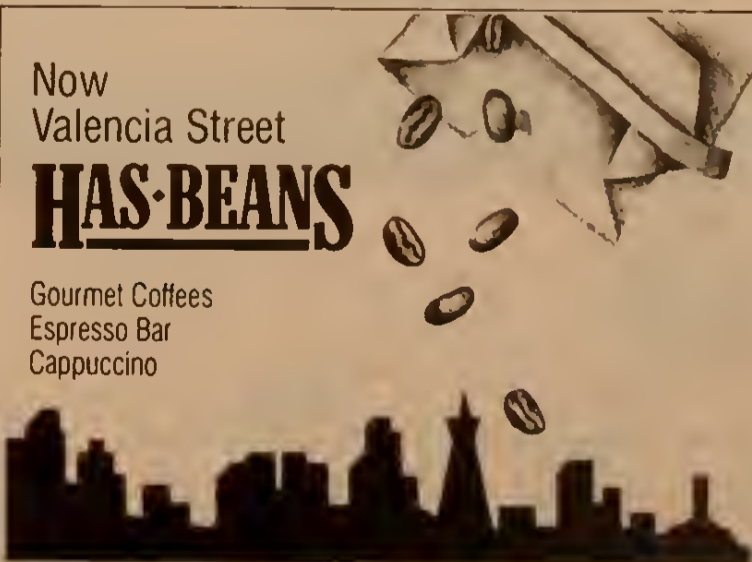
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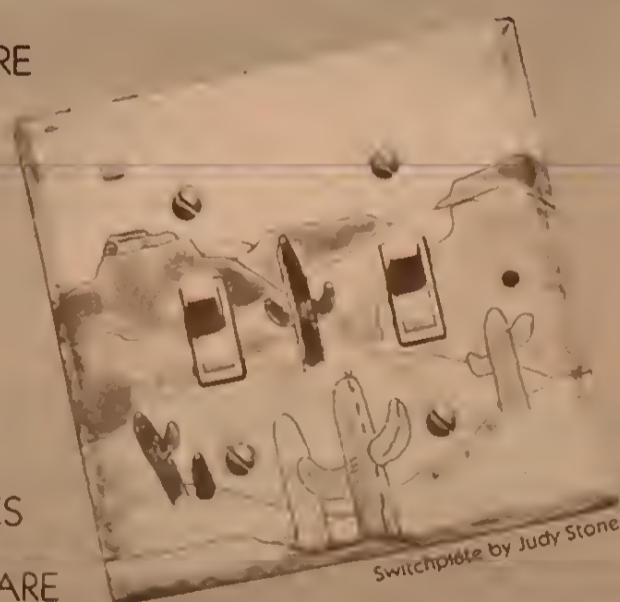
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New Principal Takes Baton at School of Arts

By Beverly Tharp

Last October, the School of the Arts—the public high school at 555 Portola Drive that shares a campus with McAtear High—welcomed Betty Ann Tetzke as its new principal and artistic director.

A native Minnesotan, Tetzke came to SOTA from the School of Creative and Performing Arts in San Diego, where she was head counselor.

The School of the Arts (SOTA) was created in 1982 with a state start-up grant for specialized public schools. It offers a program of intensive education in five areas: vocal and instrumental music, dance, actor training, theater technology, and visual arts (painting, photography, printmaking, and ceramics).

One special SOTA program is the after-school and weekend "Third Hour," which encourages students to investigate areas other than their stated majors. "The Third Hour has a terrific array of guest artists, and has really blossomed with a state grant," says Tetzke.

State budget cuts are pending, however, and the funding may soon run out. "The state allows you to reapply for two additional years," Tetzke explains. "We're in our second, and the funding situation is grim."

Tetzke would like to add media production to the School of the Arts curriculum, but that too will depend upon getting the necessary funds.

What with the financial crisis in the schools, and working after school and



School of the Arts principal Betty Ann Tetzke visits the set of *Into the Woods*, the Stephen Sondheim musical that will be performed by SOTA students in April. PHOTO BY BEVERLY THARP

attending exhibit openings and weekend programs, Tetzke has her hands full. But she's not afraid of "burn-out," she says, "as long as I have continued contact with the kids. The day that ends, I go back to the classroom."

Private funding takes up some of the slack at SOTA, and the school currently has grants from the Fleishhacker Foundation, the San Francisco Education Fund, and the San Francisco Arts Project. In the past, AT&T and the McKesson Foun-

dation have footed some bills.

Recent grants from the Graphic Arts Council allowed eight SOTA students to participate in a "fine printmaking" internship co-sponsored by the Council and the San Francisco Art Institute. A student print exhibition, "Dreams and Nightmares," continues through March 24 at the De Young Museum in Golden Gate Park.

Throughout the year, SOTA puts on 12 to 15 plays, and in April will stage a

production of the Stephen Sondheim musical *Into the Woods*. The production will be one of the largest ever done at SOTA, and promises stagecraft of extensive proportions, including a tree that swallows people, says Tetzke.

Directed by Danny Duncan of the Oakland Ensemble Theater, *Into the Woods* will be performed on April 19, 20, 21, and 26 at the School of the Arts theater. For more information, call 695-5720. □

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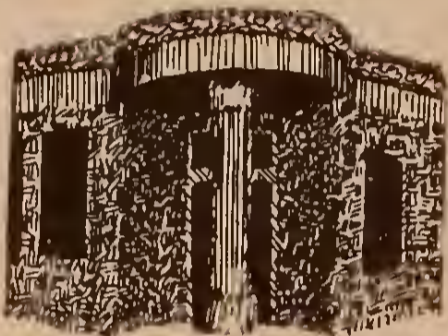
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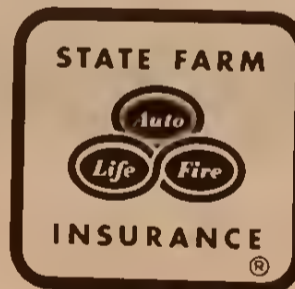
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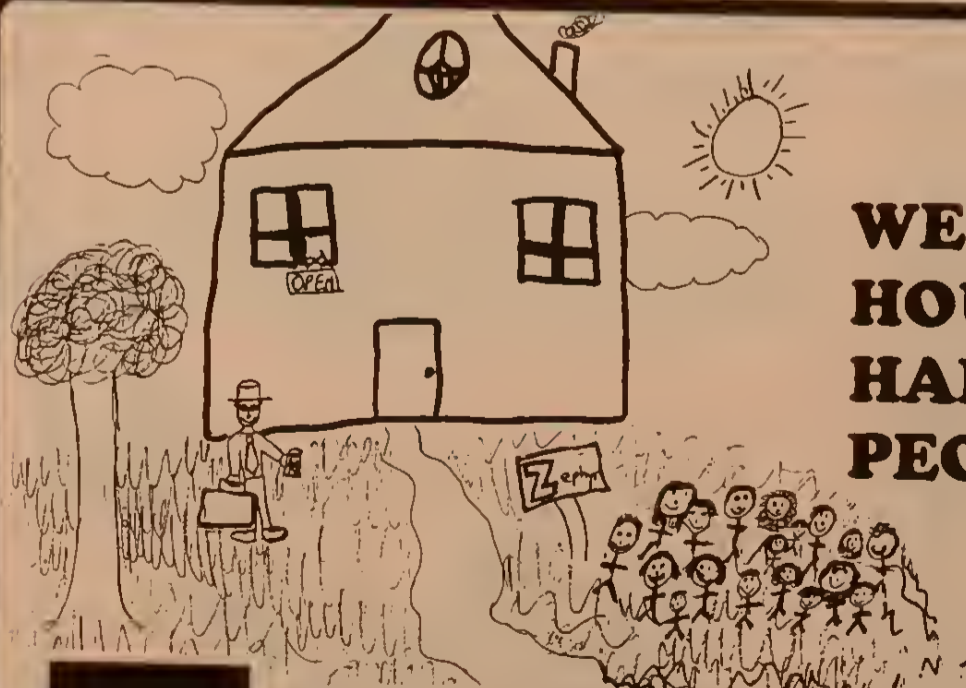
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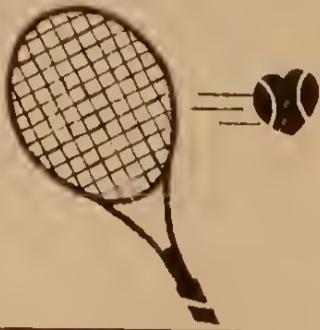


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INDIGENOUS

By Donald Currie

These same sidewalks I sauntered along as a child
I pace upon now with deliberate tread.
Three generations born on the same block
and I, childless, the last—
the quiet fall of a small dynasty.
I can say: "Grandpa built this house."
(His ghost adores me and I his silent vigilant shade)
I can say: "Mommy, when will I be tall enough to put my library
books on the check out desk?"
(I was a little peanut in these parts)
I dreamt once that I walked up 25th street
and instead of that massive concrete school
was an emerald forest glistening with fresh Spring sunlight.
Oh the memory of it sings me still!
Now as I trudge down my days
as I turn these same corners
in Winter dusk
(being the child I was
being the man I am)
being no more wise about life
or no less frightened of death
than any other little fellow,
these memories seep into my heart like underground rivers.
(I can say: "Grandma took me to the movies on Saturday afternoons
and when she got too sick to go I would act out the movies for her
and she said she liked that better than the real thing.")
or like fog flowing into my father's flower garden
on a Summer afternoon
long
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Donald Currie is a 25th Street resident and a licensed acupuncturist.



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Glen Park's Glorious Past

By Larry Beresford

A 1908 real estate flyer for the Crocker Estate Company describes Glen Park, Noe Valley's neighbor to the south, as a "veritable Switzerland. If you have not visited this magnificent home residence park of pine-clad splendor, with its regal parkings of imported shrubs, its wealth of semitropical bloom—you are missing, perhaps, the most phenomenal homesite opportunity you will ever have."

Glen Park today remains a charming residential area, comprised of narrow, winding streets, and hillside homes nestled on the slopes rising up toward Diamond Heights. Its boundaries run roughly from 30th Street east to San Jose Avenue, then south to Joost Avenue, west to O'Shaughnessy Boulevard, and east again on Portola to Diamond Heights Boulevard. These boundaries encompass all of the Fairmount District (featured in the September 1990 *Voice*), as well as Glen Park Canyon, a major recreational area for San Franciscans since the 1890s.

The canyon, located just four blocks west of Glen Park's shopping district centered at the cross of Diamond and Chenery streets, is known for its groves of eucalyptus trees, and was once called Gum Tree Ranch, since the gum tree is another name for eucalyptus. It was also known as Rock Gulch, or Rock Ranch, back in 1869, when a dynamite plant in the canyon, operated by Giant Powder Company, exploded, killing two people. Local lore also mentions Russian smugglers, who once hid contraband in a canyon cave.

At the turn of the century, Glen Park proper was made up of small ranches—raising cows, ducks, hogs, and chickens—watered by springs from the hillsides above.

Local historian Elaine Patterson, whose series on Glen Park history ran in

LANDMARKS of Noe Valley



The Glen Park Nickelodeon, located at 2786 Diamond St., attracted this nicely dressed crowd in 1915. The building is now a private residence.

the *Glen Park Perspective* in 1979, writes that "the dairies ranged from 10 to 25 acres and tended from 15 to 70 cows, providing daily milk deliveries to Glen Park, Bernal Heights, and South of Market for as little as \$2.50 a month."

The neighborhood also housed a few weekend "country" homes for wealthy San Franciscans. Islais Creek flowed down from present-day Portola Boulevard, through the canyon, crossing downtown Glen Park at Diamond Street, then winding on to San Francisco Bay. A windmill located on the creekside near Diamond and Wilder streets generated water for the neighborhood.

Further west up the canyon was Goode Brothers Dairy, whose cows sometimes had to be shooed from local front yards.

In general, Glen Park pioneers described plenty of mud in the winter and dust in the summer.

At the time of the 1906 earthquake, the neighborhood was just a sleepy village lacking electricity, gas, or paved streets, and therefore it didn't suffer much damage. But tents and shacks in the park provided temporary shelters for homeless refugees. A building boom for these earthquake survivors soon followed, especially on land owned by the Crocker Estate, which was formed at the death of Southern Pacific Railroad robber baron Charles Crocker. From ranches to scattered houses to row housing, Glen Park's post-earthquake development resembled the somewhat earlier evolution of Noe Valley and the Fairmount.

From 1891 to 1922, the canyon was a privately owned recreational area, rented out on weekends for picnics, banquets, howling tournaments, and dancing.

James Burns, whose family came to Glen Park from New York after the earthquake, wrote in a 1975 letter preserved in the Glen Park Library's neighborhood archives: "When I was a boy in Glen Park, my favorite place was the park. At that time they had an old wood clubhouse, including stage, etc. They had a bowling alley which was about 200 feet from the tennis courts. . . . There was a picnic at the park every Sunday—the Hibernians, the South of Market hoys, plus I don't know what. I remember the bands and the potato sack races plus Lord knows how many other events."

An undated photograph, now hanging on the wall at Forum Realty, 30 Monterey Blvd., shows a May festival in the park, with enormous crowds milling around the tent pavilions, and a wooden Glen Park Theatre in the background. Daredevil Jimmy "Scarface" Williams thrilled his audience by walking a tight-rope strung across the canyon, and he staged a balloon ascension at an 1898 May Day festival.

A printed program in the library's archives announces the second annual picnic of the United Railroads (streetcar) Employees Social and Recreational Club, on Sept. 14–16, 1916, in the park. Among other planned entertainments was a full program of athletic games, and a vaudeville show that included musical solos and "fancy dancing by Misses Lucille and Marie Byrne [late of the Wigwam Theatre]." The park's facilities also included Morro Castle—a structure large enough for children to play in—complete with moat, as well as a teahouse, and the Mission Zoo.

The Mission Zoological Gardens, open for about a decade, brought an aviary, elephants, bears, and monkeys to the park. The red barn-like clubhouse, also called the Glen Park Theatre, was on the approximate site of today's recreation

Continued on Page 21



Dissmeyer's Saloon, on the corner now occupied by Tyger's coffee shop at Diamond and Chenery, was one of several Glen Park watering holes active in the early years of this century.



From the Gay Nineties to the Roaring Twenties, an electric streetcar line carried Glen Park residents to and from downtown via the Diamond Street trestle bridge over Islais Creek.

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LANDMARKS

Continued from Page 20

building. The clubhouse burned down and was replaced by the current building in the 1930s.

According to San Francisco Recreation and Park Department archives, Glen Park Playground and Glen Canyon Park, then known as the "Glen Park Picnic Grounds," were purchased by the city from the Crocker Real Estate Company in 1922, at a price of just over \$30,000.

From 1863 to 1907, the main-line Southern Pacific Railroad, from San Francisco to San Jose, ran through the Bernal Cut on the southeastern edge of Glen Park, where San Jose Avenue today hanks toward Interstate 280. The first electric streetcar line in San Francisco, started by the Joost Brothers in 1891, ran from Steuart and Market streets in downtown San Francisco, to 30th and San Jose Avenue. In 1892, this line was extended along Chenery Street, through downtown Glen Park, and on to outer Mission Street via San Jose Avenue. That same year, a trestle bridge was built over the creek, along Diamond Street from Chenery to Bosworth.

The powerhouse and car barn for this line was located on Monterey Boulevard (then called Sunnyside) between Baden and Circular streets. For a time, a small electric streetcar, known locally as the Toonerville Trolley, ran from Mission Street and up Bosworth, to the edge of



Glen Canyon, viewed here from Marietta Drive, used to be a privately-owned recreational area, sporting not only hiking trails, tennis courts, and picnic facilities, but a zoo, bowling alley, theatre, and even a children's castle with moat. PHOTOS BY CHARLES KENNARD

Glen Park Canyon at Elk Street, for the convenience of park patrons.

Early Glen Park industries included

the Pacific Coast Basket Factory, at Wilder and Carrie streets, and the John Honold Tannery, a half-block west. A 1915

photograph of the 500 block of Bosworth Street, looking north toward Wilder, clearly shows the basket factory—a plain two-story wooden structure with a pitched roof—and a round tank and windmill atop the tannery. The tannery building was later doomed during the Prohibition era, after a large hootleg still, operated by the building's tenants, was discovered inside and destroyed by federal agents. A shoe factory in the 100 block of Joost Street predated the earthquake.

A nickelodeon, and later the Glen Park Theatre, were operated at 2786 Diamond St., today a private residence. There were two old-time saloons at the Diamond-Chenery intersection. On the northwest corner (now Tyger's Restaurant) was Dissmeyer's Saloon, which offered pool tables and "a large cool glass of steam beer drained direct from the keg." Across the intersection was Straub's Saloon, which held waltzes with gate prizes.

Augustus Straub's establishment was active at least from 1898 to the 1920s. His daughter Hermine, married to James Baxter in 1917, was later active in neighborhood preservation. A clipped magazine advertisement for Straub's saloon in the library archives features a bit of verse in German, which translates roughly:

*At the end of Chenery Street
There is a beautiful spot
Where not only the Swiss
But everyone else is welcome,
Where eucalyptus trees grow
And other lush greenery too,
There stands the Glen Park Casino,
Proprietor Augustus Straub.* □



The Glen Park of today is a far cry from the sleepy village it was at the turn of the century. This photo, showing a bustling Chenery Street winding easterly toward Noe Valley, was taken from Dorothy Erskine Park at the north end of Baden Street



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The Future of Glen Canyon—Nature's Refuge In the City

By Steve Steinberg

The jewel of the Glen Park neighborhood is Glen Canyon. Framed by tall eucalyptus trees and massive outcroppings of rock, it is one of the few places left in San Francisco that retains a sense of wilderness.

From an old fire road near Elk and Chenery streets, the canyon meanders upward for about a mile, parallel with O'Shaughnessy Boulevard, until it reaches its terminus at the base of McAteer High School on Portola Drive.

The canyon is a wonderful retreat for the hiker, naturalist, dog walker, rock climber, or just about anyone who wants to remove themselves from the noise and activity of the city. It is home to many species of birds and animals, including skunks, raccoons, hawks, owls, and doves. One has to marvel in our urban environment at the sight of a swooping hawk or the hoot of an owl as evening creeps over the canyon.

The canyon contains many kinds of trees and plant life, both indigenous and im-

ported. Besides the eucalyptus trees, you can also find native oaks, willows, cherry trees, and even some redwood.

Flowing through Glen Canyon is Islais Creek, one of two remaining free-flowing streams in San Francisco. (The other is in the Presidio and is inaccessible to the public.) The creek, which is sometimes barely a trickle and completely dry in summer, has its source in Twin Peaks and empties into China Basin. Much of that journey takes place underground.

Like other wilderness areas, Glen Canyon has a fragile ecology and needs protection. The Friends of Glen Canyon, a volunteer organization composed of people who love the area, has mounted a campaign to preserve and manage the canyon for future public enjoyment.

The group recently received Open Space funds from the city to conduct a natural resources inventory. The Friends has hired an environmental firm to carry out the inventory, which will take place this year. Once the inventory is completed, the results will be used to create a master plan for the park.

Dawn Murayama, president of the Friends of Glen Canyon, says the master plan will try to "balance the recreation concerns" as well as preserve plants and wildlife.

In the future, Murayama would like the city to do more to maintain the canyon, particularly its less accessible back areas. Right now, much of the maintenance is done by volunteers, since there are not enough city gardeners to go



Glen Canyon, the mile-long swath of green stretching from Bosworth to Portola, provides a favorite retreat for city-dwellers like Sierrin Bury, shown here participating in a McAteer High "ropes course" in the park's eucalyptus groves. PHOTO BY ED BURY

around. She would also like to see the establishment of a nature program for children and nature walks on the trails.

Of particular concern to the Friends is the planting of more trees and plants that are native to the canyon. Many of the non-indigenous trees and plants—eucalyptus, Scotch broom, and German ivy—

have proliferated to such an extent that they have pushed out the slower-growing local species. If the non-native vegetation is not contained, says Murayama, "native plants will disappear in 20 years, and we won't have diversity or as much wildlife."

Her organization also wants to dig up the springs adjacent to Islais Creek in order to better feed the stream and maintain its level. Murayama notes that the eucalyptus trees tend to absorb large amounts of water from the creek.

In addition to creating a master plan for Glen Canyon, the Friends is also attempting to persuade the city's Open Space Committee to purchase a 2½-acre plot of land at the head of Glen Canyon, on the west side of O'Shaughnessy across from McAteer. The land is owned by contractor Tony Sheehan, and has been proposed for a 16-unit development.

Although the private property is separated from the main part of the canyon by O'Shaughnessy Boulevard, it is still part of the area's watershed, according to the Friends. "It is part of the same quilt," says Murayama. "What happens above affects what happens below. The road was put in by man," Murayama speculates the site may contain important vegetation.

The effort to buy out the property and keep it in its natural state has gone on for over two years. "It's a long process," says Murayama. In the meantime, Sheehan has refrained from going ahead with his development, a fact that Murayama attributes to pressure from the Friends of Glen Canyon.

Murayama stresses how vital it is to save any part of this wilderness area. "[The land] may not be that natural now, but it is a remnant. And it is so important to save these remnants of the last natural areas."



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Egg Hunt in Noe Courts

Mullins & Company, a real estate firm on Diamond Street, is sponsoring a neighborhood Easter egg hunt on Saturday, March 30, as a benefit for Noe Courts, the city park at the corner of Diamond and 24th.

The hunt, starting at 10 a.m. at the park, will feature prizes for two age groups, kids 2 to 3 years old and 4 to 6, according to realtor Erica Green, who is organizing the event. Admission is \$1, but any donation—large or small—will be appreciated.

Green says she was inspired to hold the fundraiser after reading last month's *Voice* story about the need for money to replace the "bubble" climbing structure at the Courts. She's since learned that the San Francisco Recreation and Park Department has come up with the funds to purchase a new play structure, but could still use help with other park renovations, such as resurfacing the tennis courts.

Green asks egg-hunters to bring a bag or basket, and to sign up for the party by calling her office at 824-6330 or showing up at the park between 9 and 10 a.m.

In the meantime, those who'd like to contribute to the park's renovation costs are welcome to mail a check to Mullins & Company, 700 Diamond St., San Francisco, CA 94114. Checks should be made payable to Friends of the Recreation and Park Department, and earmarked for Noe Courts.

Cleaning the Concrete

The East & West of Castro Street Improvement Club is heading up a program to lick the litter problem in Noe Valley. Under the leadership of Dave Simon, the club's vice president, the group is organizing a community clean-up program to keep Noe Valley litter-free, clean, and habitable.

The program entails designating a block captain on each residential block

SHORT TAKES



Dave Simon, a member of the East & West of Castro Club, invites Noe Valley residents to join him in spitting up the streets. It's not only "something concrete that volunteers can do to add to the neighborhood," he says, but a great way to stay in shape. PHOTO BY BEVERLY THARP

to pick up trash twice a week. Gloves, bags, and brooms will be provided to every captain, courtesy of the East & West Club, he says.

Simon, who's caretaker of a block of Duncan Street near Church, points out that this is "something concrete that volunteers can do to add to the neighborhood." Interested parties should give him a call at 821-2468.

Gulf War Talks

The San Francisco Greens will sponsor two public forums this month addressing the war in the Persian Gulf. On Thursday, March 14, three speakers will give short talks and lead follow-up discussions.

Deborah Kaufman, director of the Jewish Film Festival for 11 years, will lecture

on "A Jewish Perspective—Breaking Down Stereotypes," and Mara Keller, coordinator of global peace studies at San Francisco State University, will present "A Feminist Perspective on the War: An Analysis of Cultural Systems of Dominance or Partnership." The third presentation will be "A History of the Arab People and Colonialism in the Middle East," speaker to be arranged.

On Thursday, March 28, Joe E. Armstrong, professor of alternative energy at Sonoma State University, will speak on the need for a national energy policy.

All talks take place from 7:30 to 9:30 p.m., at New College, 777 Valencia St., between 18th and 19th streets. The series is a fundraiser for the San Francisco Greens, and is open to the public. A sliding-scale donation of \$3 to \$10 will be requested at the door, but no one will be turned away for lack of funds.

The Art of Betrayal

Artists, activists, or anyone who has a bone to pick—with industrial polluters, nuclear bomb builders, politicians, or whomever—are invited to participate in the Judas Effigies Art Show, to be held at Gallery Sanchez in the Noe Valley Ministry March 22 to 30.

According to organizer Kit Cameron, the exhibit will include a collection of effigies representing people, institutions, or events as symbols of betrayal. "This is not a show about artists' talent, but about people's feelings. I want people to express their dark side, to put their feelings out for everybody to see," she said.

Those who wish to participate should bring their works to the Ministry, 1021 Sanchez St., on Friday, March 22, between 4 and 6 p.m. (Effigies need to have a hanging device so that they may be suspended from the ceiling of the church sanctuary.) All art forms—sculpture, paintings, poems, photographs—are welcome, as long as they are under 6 feet high and no heavier than 8 pounds.

For more information, send a self-addressed, stamped envelope to Gallery Sanchez, 1021 Sanchez St., San Francisco, CA 94114.

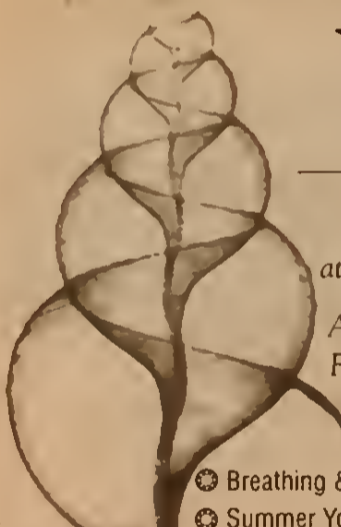
Forum on Chronic Fatigue

An information forum on Chronic Fatigue Immune Dysfunction Syndrome (CFIDS) will take place Saturday, March 16, from 1 to 3 p.m., at the Women's Building auditorium, located at 3545 18th St.

Three speakers will give an update on the diagnosis, treatment, and research of CFIDS, which is a viral illness typified by debilitating exhaustion, flu-like symptoms, swollen lymph glands, and memory loss.

Jan Montgomery, founder of the San

Continued on Page 25



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SHORT TAKES

Continued from Page 23

Francisco CFIDS Foundation, will discuss current findings recently presented at the national CFIDS conference in North Carolina. Melinda Paras, president of the foundation's board of directors, will lead a discussion on how to empower people with CFIDS. And Carmen Vazquez, coordinator of lesbian/gay health services for the San Francisco Department of Public Health, will discuss the impact of CFIDS on public health policy.

The forum is open to the public, but because many people with CFIDS are allergic to scents, soaps, and animal hair, those attending are asked to refrain from applying scents or wearing clothes that have been exposed to animal hair. A donation of \$5 to \$10 will be requested at the door.

The Medicare Maze

Senior citizens are often at a loss when it comes to deciphering their Medicare health insurance rules and regulations. But the Health Insurance Counseling and Advocacy Program (HICAP) is a program, established by the California legislature and funded by the State Department on Aging, that assists seniors in understanding Medicare, evaluating different options to supplement Medicare, and untangling problems with claims and billings.

HICAP is starting a training program

for volunteers who would like to act as counselors and advocates for seniors in need of this free service. Volunteers are also needed for scheduling client appointments, helping with publicity or outreach, and designing community education efforts.

The program is a project of Legal Assistance to the Elderly. For more information call Corinne Parker, at 861-4444.

Domestic Partners Day

A festive reception in honor of the newly passed Domestic Partners initiative took place last month, on Valentine's Day, at the War Memorial Performing Arts Center. The initiative honors and recognizes the diversity of family units in the 1990s

by providing a means for lesbian/gay couples and non-married heterosexual couples who live or work in San Francisco to legally register their partnerships with the city.

The law went into effect on Feb. 14, following passage of Proposition K by San Francisco voters. According to Jennifer Wilson, director of administration for the Lesbian Agenda for Action, "This allows us to distinguish our relationships in an honorable way."

Partners who live or work in San Francisco and wish to formally register their relationships may do so from 9 a.m. to 5 p.m. at City Hall. Although no legal benefits ensue (e.g., shared health benefits), domestic partners do receive a certificate

recognizing their relationship, upon completion of the registration process.

Reading Role Models

If you're tired of sleeping in on weekends, why not sign up to help school children hone their reading skills on Saturday mornings? The San Francisco School Volunteers program (SFSV) is recruiting volunteers right now, particularly members of ethnic and minority communities.

According to Darrell Gwynn, SFSV program coordinator, "This is a chance for elementary school students to improve their reading skills outside the normal hustle of classroom activity."

"We have a student population of 85 percent minority children. We want to reach out to these communities that can serve as sources of positive role models for our children."

For more information, call 274-0257.

This month's Short Takes were written and compiled by Jane Underwood and Margo Weisz.



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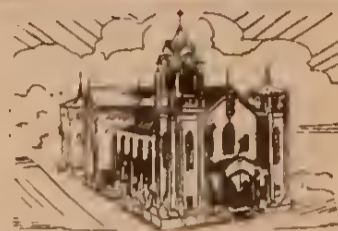
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These programs are made possible through funding by the Jewish Community Federation of San Francisco, the Peninsula, Marin and Sonoma Counties.

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Holy Week Services

Palm Sunday March 24th Blessing of Palms—Distribution after each mass (including the 5:30 p.m. on Saturday).

Wednesday March 27th Confessions: 4:30–5:30 p.m.

Holy Thursday March 28th Low Mass at 8:00 a.m. Concelebrated Mass, Communion and Procession at 5:30 p.m.

Good Friday March 29th Three Hours Devotion begin at 12:00 Noon

Holy Saturday March 30th Confessions: 4:30–5:30 p.m.
Easter Vigil Service at 5:30 p.m.

Easter Sunday March 31st Masses at 7:30, 8:45, 10:00 and 11:15 a.m. (Spanish) & 12:30 p.m.

The Rev. William J. Kenney, C.S.P.,
will speak at all Liturgies on
Thursday, Friday, Saturday and Sunday.



Saint Paul's Parish

Lent Easter Services 1991

Reconciliation Services

Saturday	16 March	7:30 am First Reconciliation for parish youngsters; all are welcome to celebrate the sacrament
Saturday	16 March	12:00 noon
Monday	18 March	7:30 p.m.
Tuesday	19 March	7:30 p.m. Spanish
Saturday	23 March	9:30 am.

Palm Sunday

23–24 March Solemn blessing and distribution of the palms, procession, and proclamation of the Passion of Jesus at all parish Masses

Saturday	23 March	5:00 p.m.
Sunday	24 March	8:00 a.m., 9:30 a.m., 11 a.m. (Spanish), 12:30 p.m., 5 p.m.

Seder Meal

26 March 5:45 p.m. High School Cafeteria 317 29th Street.

Holy Thursday

28 March 7:30 p.m. Solemn concelebrated bilingual Mass of the Lord's Supper, Washing of the Feet, Procession

Good Friday

29 March 12 Noon Stations of the Way of the Cross (English)
1:00 p.m. The solemn bilingual Liturgy of Good Friday, Liturgy of the Word, Adoration of the Cross, Holy Communion

Easter Vigil

30 March Holy Saturday evening 7:30 p.m., Blessing of fire, Service of the Light, The Great Exultet, Liturgy of the Word, Liturgy of initiation: Baptism, Confirmation and Eucharist

Easter Sunday

31 March Masses at 8 a.m., 9:30 a.m., 11:00 a.m. (Spanish)
12:30 p.m. and 5:00 p.m.

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Holy Eucharist 6:30 p.m.

Bible Study 7:00 p.m.

Fridays: Stations of the Cross 6:00 p.m.

Holy Week and Easter

Palm Sunday March 24, 10:00 a.m.

Liturgy of the Palms, Procession, Reading of the Passion, Holy Eucharist

Maundy Thursday March 28, 6:30 p.m.

Holy Eucharist with Footwashing, Stripping of the Altar and Procession to Altar of Repose

Good Friday March 29, 12–3 p.m.

Holy Communion from the Reserved Sacrament, Veneration of the Cross, Chanting of St. John's Passion 6:00 p.m.; Stations of the Cross

The Great Vigil and the First Eucharist of Easter March 30, 10:00 a.m. with the lighting of the New Fire and Singing of The Exultet

Easter Sunday March 31, 10:00 a.m.

Ecclesial Eucharist with Trumpet Voluntary

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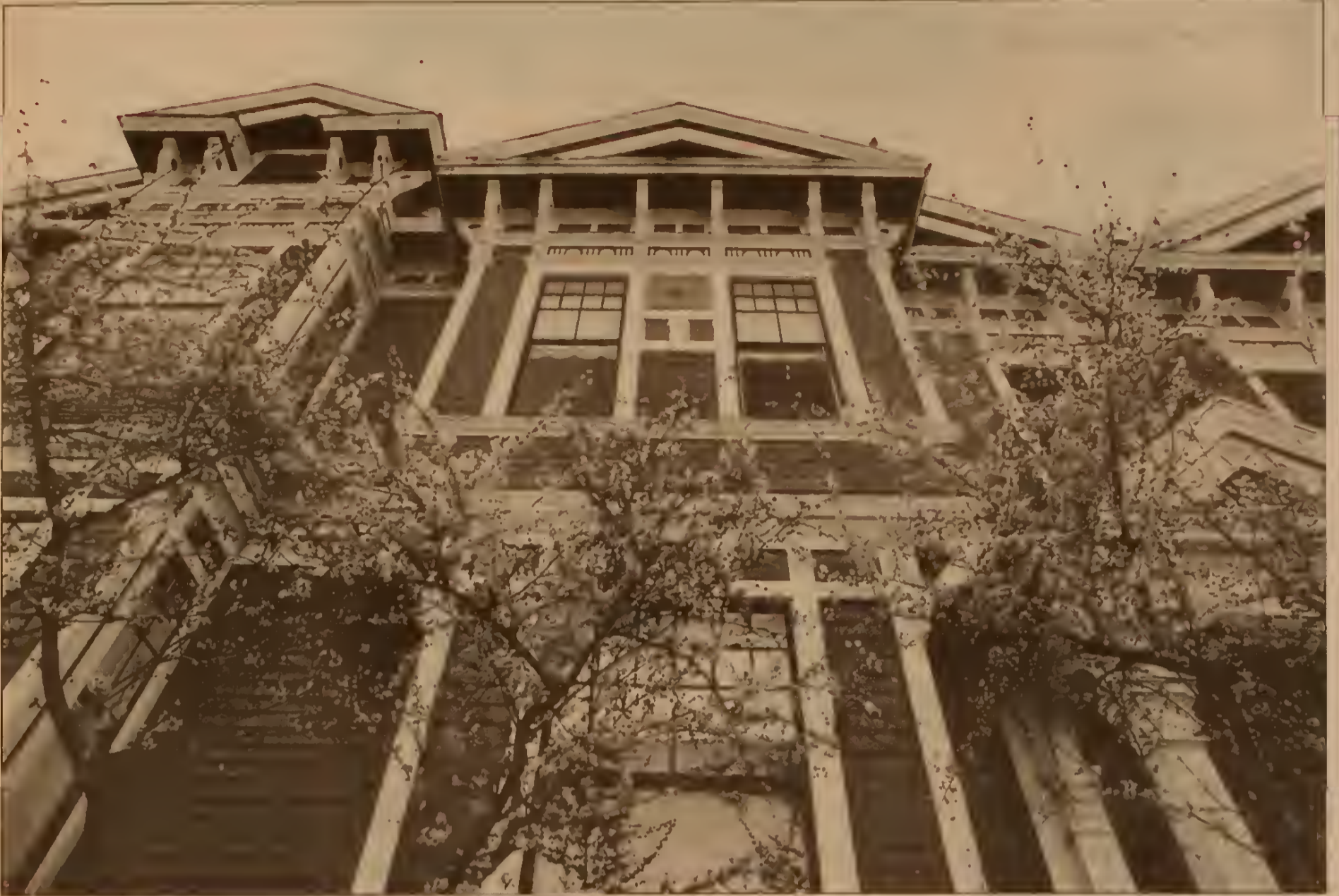


PHOTO BY LORENE WARWICK

Bloomtown

Noe Valley may not be the Garden of Eden, but it's blessed with blossoms, leaves, and other bounty of the earth on a year-round basis. Budding cherry trees grace Victorian facades near Dolores and 23rd streets (above) and Castro and 26th (right). And even the foreboding grotto under the Upper Market Street overpass (bottom left) sports a gathering of valerian flowers. On Elizabeth near Hoffman Street (bottom right), tree limbs stretch sinuously to dapple the fence and sidewalk with shards of sunlight.



PHOTO BY LORENE WARWICK



PHOTO BY ED BURYN



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7. Don't be afraid to express your emotions.
8. Take care of your body.
9. Ask for help when you feel overwhelmed, depressed or out of control.
10. Enjoy today and look forward to tomorrow.



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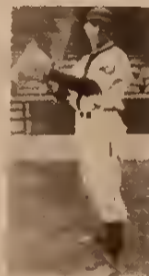
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THE LEGEND of CACTUS PETE

Who in tarnation was Cactus Pete? Stories have been fabricated about him so much that even historians disagree about who this shadowy figure really was, with no two accounts exactly alike.



Colonel Peter ("Cactus Pete") Parker: Manager of the Tuscon Toros baseball team in the Cactus League, 1923-1932. Born in Flagstaff in 1897 and given classical training in Opera, he achieved his

first success as a trombonist before being lured into the outfield for the Albuquerque Suns of the now defunct Cactus League in the 1920's. He disappeared in Mexico in 1934 and was not heard from until March, 1941, when he descended upon Sportsman's Park, St. Louis in a hot air balloon, claiming to have visited a planet ruled by dinosaurs. His account of his extra-terrestrial experiences, *Lizards of Oz*, was published in 1943.

Pedro ("Cactus Pete") Tabasco: born in Tijuana in 1843, he left his family at the age of 17 and travelled extensively throughout Mexico and the Southwest. In 1861, while riding for the Pony Express, he met "Buffalo Bill" Cody, who later recruited him for his famous Wild West show.

Tabasco was best known for his cactus-eating act, in which he would devour an entire cactus dipped in hot sauce and then pick his teeth with the needles. After leaving the show in 1910, he opened a Mexican restaurant in Fresno, where he became famous as the inventor of Tabasco sauce. He died in 1925 of a perforated ulcer at the age of 82.



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FLORENCE'S FAMILY ALBUM

Illustrated Reminiscences by Florence Holub

Our Dog Fred

We had always been against keeping dogs confined within the city, so when our son Jan returned home from college in Santa Barbara, circa 1965, we were surprised to see a little black shadow tagging along behind him. It was a little mixed terrier who looked like Toto, Dorothy's dog in the *Wizard of Oz*. As he ran around Jan, he wagged his tail and looked upward eagerly. He was such a ridiculous bundle of vitality and personality that we all laughed heartily, and thus he made it over the first hurdle. In no time at all, Fred was one of us.

We soon learned that the young man and his dog were inseparable. When Jan went to bed, Fred followed, causing me to warn, "You may allow him in your bed, but not in ours." It took Fred exactly one week to perfect his routine of putting the whole family to sleep, one at a time, then curling up at the foot of his master's bed. During the night he made the rounds, checking us out, guarding the manor and its inhabitants.

Each day when Jan came home from work, his parka pockets were loaded with presents for his little friend. Fred would be waiting at the door expectantly, wagging his tail in double-time, then jumping joyfully to locate the hidden treats—doggie bon-bons, chewy bones, and sometimes squeaky toys in the form of hot dogs or hamburgers. He was used to all of these.

One day, however, Jan brought home a toy that looked like a rolled up newspaper. The paper was called *The Daily Growl*, and it blared the startling headline, "Man Bites Dog." When Fred claimed it and applied the usual squeeze with his teeth, it emitted an almost human whimper, which astounded our pet into letting go of it. After a few more cautious tries and cries, he gingerly picked up the toy in his mouth, and resolutely trotted out to the back of the yard, where he buried it.



Warning on the Bulletin Board

Back in the house, however, he seemed unsatisfied with his action, so he retraced his steps, dug up the toy, and returned, holding it gently in his mouth and making soft sounds. He had discovered the power of speech, and he used it incessantly during the days and nights that followed, dominating every conversation with his new communication device. Poor Jan was kept awake all night by the little squeaker. But within a blessedly short time, Fred punctured his plaything, and peace and quiet reigned in the house once again.

The experience was not without repercussions, however. Forever after, Fred behaved strangely whenever a mother with an infant visited, jumping up eagerly as though he thought the baby was a big squeaky toy just for him. Only the bravest mothers paid a second visit.

But Fred had many virtues—he was a vigilant watchdog, ferociously barking away intruders. He was a devoted, attentive caretaker whenever we were ill, and he had a lively, endearing, affectionate personality. I have to confess, however, that there were times when he became possessed by a demon, when for just a second he would snarl "arrff," bear his sharp white serrated chompers, and sink them into anything near at hand.

One evening a dinner guest reached down under the table to pet "man's best friend" and was subjected to the "arrff," the teeth, and a Band-Aid. He also received an apology from us, but it was little wonder that he didn't visit again. Even our closest friends weren't exempt. Once, when a long-time friend reached down to give Fred a pat, and in return got the "arrff" treatment, the dear man said, "I shouldn't have put my finger down there," as we wrapped it in gauze. Perhaps he knew that we didn't dare discipline Fred, for fear that he might bite us. If our little dog was dozing, or surprised, he would respond instantly (like many terriers) with his teeth—biting even his beloved family.

But then he would look so sorry, so repentant, that we would invent excuses for him, blaming ourselves, or his sad early life when he was a hungry puppy hanging around the bus depot—that place where feet were the enemy and fingers seemed to look a lot like milk bones. Excuses, excuses.

Jan first saw Fred (then known as Freddy-the-Freeloader) at the Greyhound station in Santa Barbara, which was a good place for a dog to get a handout. He was an appealing puppy, with a pitiable bad cold, so Jan, who had always wanted a dog of his own, succumbed to the temptation.

When Jan was drafted into the army a few years later, the only thing he asked of us was to take care of his dog, which we gladly did. When, after three years, Jan



Young Fred

came back, Fred was confused, not quite remembering at first. But suddenly something triggered his recall, and he became delirious, joyfully leaping and barking. The master had returned.

When we visited Leo's folks, Grandma (who did not hold with dogs inside her home) allowed us to bring Fred in, and even let him sleep with us as he did at home. Fred just had a way of getting around people. When our sister-in-law, whose pedigreed poodles were not permitted inside, heard of this, she exclaimed indignantly, "That flea-bitten *!#!!"

It was true, he did have fleas, and we fought them constantly—hombing the rooms, vacuuming the rugs, plying Fred with yeast tablets, and bathing, spraying, and powdering his coat, all to no avail. I had the feeling that whenever I sprayed one side of him, the fleas ran to the other side.

One day I decided to wage an all-out assault, and get the pests all at the same time. I sprinkled the inside of a green plastic garbage bag generously with flea powder, then deposited Freddie inside, with only his face sticking out. I then vigorously shook the bag, with a shake-and-bake motion, until the powder was thoroughly distributed over Fred's furry body. It worked pretty well, but only for a short time.

Fred was also an escape artist. Whenever the front door opened a slit, he would dart out and up the hill, with the entire family in hot pursuit. Following one chase scene, we all returned, hours later, without Fred, and we feared he was gone forever. Just as it was getting dark, however, our prodigal dog came trotting down the hill, just like he knew exactly what he was doing. He then plopped down and slept for two days. We had no idea where he had been, but in the years that followed, we could not help but notice how many young dogs bore a striking resemblance to Fred.

About 10 years ago, our son Eric and his chosen, Julie, were to be married at our home on 21st Street, with 30 invited guests. Since Fred was getting old and we didn't want to put him in a kennel, the vet gave us a pill to knock him out for the duration of the party. One hour before the ceremony, the pill was administered, and Fred was carried upstairs for the prescribed "nap."

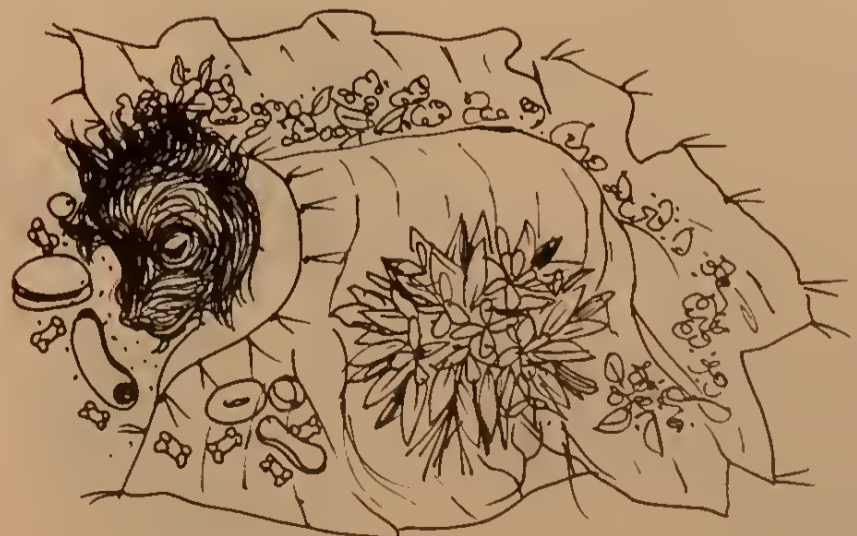
As the ceremony began, the pill took effect, but not as anticipated. Every part of Fred became paralyzed, except for his mouth. And so his noisy yapping continued throughout the wedding and the reception that followed. Jan, along with Leo's brother, Richard, missed the entire affair, as they stayed upstairs trying desperately to silence the dog, without a bit of success. Fred couldn't stand to miss a party.

By the time he was 17 years old, our dear old pooch had developed an enlarged heart, as well as hip joints that tended to cause his legs to sprawl out from under him. He would often yipe for help when he was in trouble, and Jan would carry him up or down the stairs.

Early one weekend morning when Jan was away, Fred cried out. I got up, carried him downstairs, then went back to bed. A little later, he began to hark more urgently, so I hurried down to find him lying prone on the rug, breathing heavily. When I attempted to move him, he yiped a warning. I called Leo, and while we kneeled together, petting him gently, his heart stopped.

We covered Fred with a blanket, and placed flowers from the garden around him. That is how Jan found him when he returned home that evening.

We think of Fred often, and although years have passed, we still haven't broken the habit of looking down around our feet before rising from the sofa, lest we step on the little dozing dog, and get bitten. We do miss Fred, although not his fleas. He was a good dog. □



Fred in State

• MORE GROUPS TO JOIN •

THE WHO, WHAT & WHERE OF NEIGHBORHOOD GROUPS

Friends of Noe Valley

Contact: Bill Kuhns
 Answering machine number: 285-3532
 Mailing Address: 1178 Dolores St.,
 San Francisco, CA 94110
 Meetings: Second Thursday of month, Noe
 Valley Library, 451 Jersey St., 7:30 p.m.

East & West of Castro Street Improvement Club

Contact: Paul Kantus, 647-3753
 Mailing Address: Secretary Fred Meihner,
 327 Jersey St., San Francisco, CA 94114
 Meetings: First Wednesday of month, Room
 108, James Lick School, 1220 Noe St., 8 p.m.

Upper Noe Neighbors

Contact: Janice Gendreau, 641-5989
 Mailing Address: 403 28th St.,
 San Francisco, CA 94131
 Meetings: Every other month, Upper Noe
 Recreation Center, Day and Sanchez streets,
 7:30 p.m. Call for specifics.

Duncan-Newburg Association

Contact: Evelyn Martin, 826-6734, or
 Janet Kennedy, 647-1844
 Mailing Address: 41 Newburg St.,
 San Francisco, CA 94131
 Meetings: Irregular

Fair Oaks Neighbors

Contact: Kevin Brickley, 285-4938
 Mailing Address: 165 Fair Oaks St.,
 San Francisco, CA 94110
 Meetings: Twice a year at ICA Auditorium,
 24th and Guerrero streets

Liberty-Hill Neighborhood Association

Contact: John Barbey, 695-0990, or
 Hilda Bernstein, 282-8232
 Mailing Address: 3333 21st St.,
 San Francisco, CA 94110
 Meetings: Every other month.
 Call for time and location.

Fairmount Neighborhood Association

Contact: Al Ujcie, 648-3545, or
 Susan Nutter, 285-8484
 Mailing Address: 235 Randall St.,
 San Francisco, CA 94131
 Meetings: Held periodically at Upper Noe
 Recreation Center, Day and Sanchez, 7 p.m.

Dolores Heights Improvement Club

Contact: Bob Killian, 285-7175, or
 Rick Laubsher, 821-9662
 Mailing Address: 3640 22nd St.,
 San Francisco, CA 94114
 Meetings: Irregular

Diamond Heights Community Association

Contact: Robert Dockendorff, 826-3867
 Mailing Address: P.O. Box 31529,
 San Francisco, CA 94131
 Meetings: First Thursday of the month,
 7:30 p.m. Call for location.

Glen Park Association

Mailing Address: Glen Park Association,
 P.O. Box 31292, San Francisco, CA 94131
 Meetings: Second Tuesday of month, Glen
 Park Recreation Center, Elk and Cheney,
 7:30 p.m.

The Noe Valley Merchants and Professional Association

Contact: Sally McMullen, 550-7730
 Mailing Address: P.O. Box 146003,
 San Francisco, CA 94114
 Meetings: Last Wednesday of month, Bank
 of America, 24th and Castro, 9 a.m.

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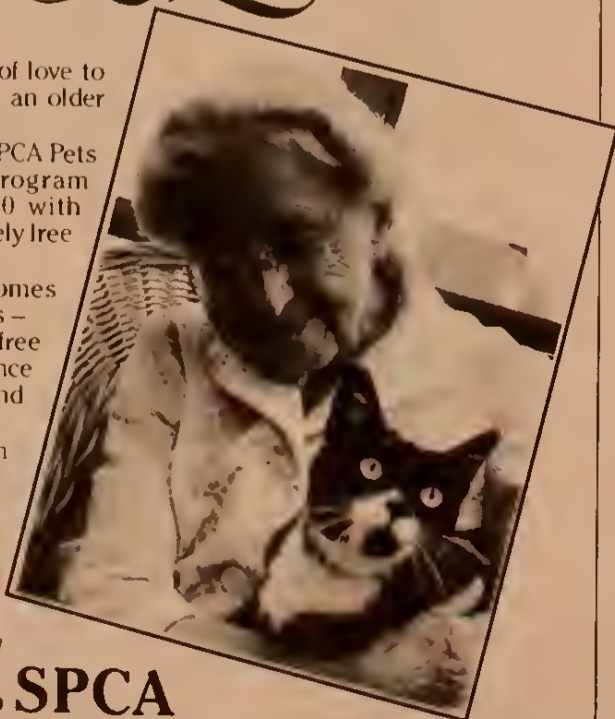
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and now **RUMORS** behind the news

for the BY MAZOOK

The Oy's Of March

By Mazook

THESE ARE CRAZY DAYS. I just got back from vacation in the California Sierra town of Arnold. The house I stayed in (on Dorothy Street) overlooked a road first used by stagecoaches back during the Gold Rush.

Everybody there is on a first-name basis, and at least 84 percent of the Arnoldians were flying the stars and stripes, especially along Highway 4. They called me "Mack," and, for sure, I did *not* wear my "No Blood for Oil" tee shirt.

The pace of the area remains at stagecoach speed. The air is clean, and you can actually see billions of stars at night, as the fragrance of firewood wafts through the breeze.

☎ ☎ ☎

NOW I SIT on my Sanchez Street deck overlooking a road first used by herds of cows as pasture. Back in the Gold Rush, our neighborhood was one man's ranch (his name: Jose de Jesus Noe).

Highway 24th Street is probably 84 percent anti-war, and the only American flags I could find last month sat listlessly in their sale bin in front of the check-out stand at Thrifty.

The pace of 24th Street seems much more caffeinated these days. Benches are burgeoning along Main Street—Noe Valley, to make room for the cappuccino club's new members. On nice days and weekends, street musicians soothe the savage pulse by serenading with classical and jazz, swing and ragtime. (Guitarist Taki is now appearing at the Holy Bagel/S.F. Coffee Company, while pluckers Mike Maninger and Craig Ventresco regularly duet in front of Spinelli's.)

Now when I go to Bell Market, I may know the checkers on a first-name basis, but I'll be danged if I can find what I want. Since a Southern California food chain swallowed up the place, things have gotten so confusing that Bell has published a map of its aisles for weary shoppers and clerks. The remodeled store seems less Noe Valley and more San Fernando Valley these days, with Beverly Hills prices to boot. Have we been QF-ified?

More people seem to be fighting for fewer parking spaces, and the meter monitors race up and down the street, slapping citations faster than a blackjack dealer at Tahoe. (I just got a \$10 number "for not parking between the lines." Picky, picky.)

Star-gazing in the city has been replaced by star-razzing (it's rainclouds we

want, you fools), and on most nights, the Durallame fumes force you dizzily back into the house.

☎ ☎ ☎

THINGS GOT CRAZY on Church Street at Drewes Market last month. On Feb. 15, the butcher shop closed its doors to allow Chuck Lucas Production Services to shoot some still and moving pictures for a national ad campaign for Cambridge, a brand of discount cigarettes.

According to Drewes owner Dave McCarroll, the Chicago-based production company dressed his front window with sausages and cheese—to make it look more like an "old-style" butcher shop—and changed "Drewes" to "Mario's." The directors then positioned a woman model out front, who was cradling an 8-week-old pig. (No, the pig didn't belong to Drewes, but to some professional animal trainers—the ones who brought us Arnold, of "Green Acres" fame, and the Disney wonder dog Benji.)

Why the pig? Well, the ad's theme goes like this: if you buy these discount ciggies, you'll save enough money to fill your piggy (bank). Pretty weak, if you ask me.

Anyway, on the morning of the shoot, someone phoned in a complaint to city authorities, accusing the production crew of animal abuse (allegedly slapping and kicking the pig). Three trucks from San Francisco's Animal Care and Control Unit were dispatched to the scene.

According to Dave, the investigators determined that the report was utterly false, but they stayed on for the rest of the day "to monitor the situation."

By the way, Dave says he liked his dressed-up window so much, he's going to make it a permanent display.

☎ ☎ ☎

SIGNS OF STRAIN: It seems a little weird that a Noe Valley billboard, the one on the side of Michelle's Tailor at Jersey and Castro, is printed in Chinese only. My Chinese friends tell me that the sign is a public service message that basically boils down to: "Smoking is hazardous to your health." (And possibly to a pig's health, I might add.)

Last month that same billboard had a spray-painted addition, in English: "How did our oil get under their soil?" Good question.

A stranger sign of the times has been observed in 24th Street's largest laundromat, on the corner of 24th and Church. Evidently, certain street people have been coming in and rummaging through unattended laundry baskets looking for bleach. One rummager pulled a paper cup out of his jacket, poured some of the bleach into the cup, and disappeared out the back door of the building.

It's sort of a had news/good news situ-

ation, when you consider that the thief was probably using the bleach to clean a drug-injecting needle, because he knows that this can prevent the spread of AIDS.

In a somewhat related item, the AIDS Food Bank, which is a joint program of the San Francisco AIDS Foundation and Project Open Hand, is collecting food donations to fill the 1,500 bags of groceries they distribute each week to people with AIDS.

The Food Bank has a collection table in front of the Diamond Heights Safeway on the third Saturday of the month, and at 24th Street's Bell Market the fourth Saturday of the month. You can help by donating cans of things like beef stew, soup, spaghetti sauce, peanut butter, juice, and tuna.

☎ ☎ ☎

BELL HAS PROBLEMS at its back door, according to a petition that is circulating on and about the 400 block of Elizabeth Street. The petition reads, "The new owners of Bell Market have shown little sensitivity to the quiet residential character of the street as evidenced by their allowance of unacceptable levels of noise, blockage of sidewalk and street access, and creating a visual blight."

The petition has over 50 signatures, and it looks like the Bell will be ringing for round one soon.

☎ ☎ ☎

TOP OF THE POPS: According to Streetlight Records' Lisa Furlong, the hottest C.D. these days is *Soul Hits of the '70s*, featuring such memorable tunes as "Want Ads" by the Honeycones and "Funky Nassau, Part I" by the musical group The Beginning of the End. Also at the top of the pops is *Torture Garden* by John's Order.

Over at Cover to Cover bookstore, the non-fiction bestseller is Thomas Friedman's *From Beirut to Jerusalem*, and for fiction it's Isabel Allende's *Stories of Eva Luna*.

Kate Rosenberger of Phoenix Books and Records reports that everyone is asking for Duke Ellington tapes and... the world atlas.

On the video front, people are checking out *Darkman* and *Days of Thunder*.

This month's window-shopper-stopper award goes to Mail Boxes, Etc., the new postal service at the bus stop on 24th above Castro. The store's window display features a pictorial account of Cub Scout Pack 114's recent "Backyard Adventure" (an urban camping trip) and several model auto racers built by troop members for entry in the Pinewood Derby. Pack 114 meets at the Glen Park fieldhouse, by the way.

☎ ☎ ☎

MARK YOUR CALENDARS: The Noe Valley Merchants and Professionals Association is holding a sidewalk sale on 24th Street on March 23. According to organizer Andrea Rothman of the Pantry, there will be lots of balloons, an Easter Bunny, a clown, low-volume musical entertainment, and, hopefully, widespread merchant participation. "We are also making a big push for membership in our association," says Andrea, "and maybe we can have two or three of these events every year."

☎ ☎ ☎

NOE QUIZ: Here are a few questions to ponder over the next month.

1. What Noe Valley store is named for a recent inductee into the Bay Area Sports Hall of Fame?

2. "The Last Supper at Evian or the Fish Stinks First From the Head" is the title of a "sur-rational" painting by which well-known Noe Valley artist?

3. What six Lotto numbers won \$2,713,153 for a ticket purchased at Bell Market in December?

4. How many loaves of their famous Irish Soda Bread will Star Bakery sell on St. Patrick's Day, 1991?

5. How did Shufat Market get its name?

6. How many "For Rent" signs did RMC Management plaster on the window of the old Play With It store (on 24th near Noe)?

7. What occupied the corner storefront at Church and 24th before National Video?

8. Name the newly elected members of the board of directors of the Noe Valley Merchants and Professionals Association.

9. How many feet above sea level is the Castro Street Hill?

10. When was the first *Rumors* column published in the *Noe Valley Voice*?

That's all, you all.

☐

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P O E M

NOE VALLEY

By Thea Hornor

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Very many people crowd the streets
After dark the streets are quiet
Ladies linger in the stores
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Thea Hornor is 9 years old and lives on Army Street.

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MORE MOUTHS to feed

By Jane Underwood

Timothy Kelly Clark

When Kelly and Stacey Clark met at the Valley Cavern on 24th Street (now the Dubliner), both were softball players on teams sponsored by the Cavern. Seven years and countless innings later, the Clarks are happily married, living on 25th Street, and raising two kids—3-year-old Ashley, and the latest addition to the clan, Timothy Kelly.

Little Kelly (he goes by his middle name) was born on Sept. 1, 1990, at 1:30 p.m., tipping the scales at an impressive 9 pounds, 4 ounces. Six months later, "he's still huge," says his 27-year-old mom, Stacey, who was horn and raised in Noe Valley and attended St. Paul's High School. "When we go to see Dr. Schwanke, he doesn't even use his charts, because Kelly is off the charts!"

Kelly weighs 22 pounds now, and "people can't believe how old he is," Stacey laughs. Her son further belies his age, she adds, by "doing a lot of standing up," with the help of a hand to hold on to. "He hates lying down," Stacey remarks. "And he's already sitting up on his own."

Kelly's dad, a 30-year-old Noe Valley native who attended Edison, James Lick, and McAttee schools, says that having a second child has been "double the problems, but more than double the pleasure—even though sometimes the problems seem to stick out a little bit more, like when they're both sick."



Kelly and Stacey Clark with 3-year-old Ashley and 5½-month-old Kelly Jr.

PHOTO BY CHARLES KENNARD

Fortunately, his father adds, Kelly "has a pretty mellow personality. He likes to smile a lot, and he likes to watch his sister ['like a hawk,' observes Mom] and laugh at her. He's almost always in a

good mood, and he likes to watch MTV. Ashley liked MTV too—I guess it runs in the family."

Big Kelly, who works as a route driver for Pepsi Cola, says he was somewhat

surprised at "how crazy it can get, at times. My parents had four kids, and I don't know how they did it."

Stacey, who recently went back to work full-time as a legal secretary, agrees that they've had to do "a lot more work-sharing.... I didn't know what to expect," she says, "but I'm the kind of person who likes to keep things very neat, and well, forget that. It will just have to come later. I want to spend my free time enjoying Kelly and Ashley, making the most of their childhood."

While Kelly and Stacey are at work, Kelly junior spends the days with his great-grandmother Irene, who lives right next door and who also takes care of Ashley on occasion. "We're really lucky to have Irene," says Stacey.

But when the Clarks get home from work, their two red-haired, blue-eyed babies are waiting for them with open arms. "There's just nothing like it," says Kelly. "One of the best things about parenting is having somebody depend on you." □

MORE MOUTHS TO FEED wants to show off your newest family member. If you have a new baby in residence or you just adopted a teenager, please send your announcement to the *Noe Valley Voice*, More Mouths to Feed, 1021 Sanchez St., San Francisco, CA 94114. Don't forget to include your address and phone number, so we can contact you to arrange for the family portrait.

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Here's a selection of new books at the Noe Valley Library, recommended by librarians Roberta Greifer and Carol Small.

Greifer wants Noe Valley residents to know that the San Francisco Public Library recently began a new automated reserve system. Under the new system, patrons who have reserved a book (the cost is 29 cents) will now get the first copy of the book that is returned to the Main Library or any of the branches—not just the copy available at the local branch.

The Noe Valley Library is located at 451 Jersey St., and is open Tuesdays, 10 a.m. to noon and 1 to 6 p.m.; Wednesdays, 1 to 9 p.m.; and Thursday through Saturday, 1 to 6 p.m. For information, call 695-5095.

Adult Fiction

Change of Luck by Julia Markus portrays a divorced, independent woman struggling with the "ups and downs" of a new relationship.

In *Sweet Eyre*, a novel about racism, murder, and hatred in small-town America, author Jonis Agee depicts a young woman's love affair with her town's only black man. *Something Blue* by Ann Hood, the author of *Somewhere Off the Coast of Maine*, revolves around the friendship of three "modern" women, all of whom are reevaluating their lives.

Winterlong is Elizabeth Hand's hypnotic science fiction novel about an autistic girl and her long-lost twin brother.

Adult Non-Fiction

Written in journal form, *Diary of a Baby* gives medical doctor Daniel Stern's assessment of what the typical infant thinks, feels, sees, and hears.

Making Face, Making Soul, edited by Gloria Anzaldúa, is a collection of poems, prose, and critical essays representing a cross-section of Third World women writers.

The Mirror at Midnight by Adam Hochschild portrays a number of South Africans the

author met while traveling across the country.

The Norton Book of Modern War, featuring poems, letters, and excerpts from diaries and novels, covers wars fought by Americans from World War I to Vietnam.

In Silence: Growing Up Hearing in a Deaf World, by Ruth Sidransky, is the poignant memoir of a child raised by two hearing-impaired parents.

Children's Fiction

In Ann Turner's *Through Moon and Stars and Night Skies*, a frightened little boy from Southeast Asia meets his adoptive parents and starts to adjust to being in their home. (Ages 5-7)

The origin of *panettone* is explained in Tomie dePaola's delightful original folktale *Tony's Bread*. (Ages 5-8)

In Paula Danziger's *Everyone Else's Parents Said Yes*, 11-year-old Matthew deals with several problems—a fight with his best friend, the girls' GET HIM club, and his sister Amanda. (Ages 9 and up)

White Peak Farm by Berlie Doherty is a poignant story about teenager Jeannie Tanner, the changing relationships within her family, and their feelings about the farm they share. (Ages 11 and up)

Children's Non-Fiction

Celebrate Chinese New Year with 6-year-old Ernie Wan as he performs the Lion Dance for the first time in *Lion Dancer* by Kate Waters and Madeline Slovenz-Low. (Ages 5 and up)

Peter Golenbock's *Teammates* describes an important event in sports history—when Pee Wee Reese publicly supported the participation of Jackie Robinson in Major League baseball. (Ages 6-9)

David Boxley, a member of the Tsimshian tribe, proudly describes his father's craft of wood-carving and other Native American customs in *Totem Pole* by Diane Hoyt-Goldsmith. (Ages 8 and up)

The Place My Words Are Looking For, selected by Paul B. Janeczko, is an anthology of poems that also includes some of the writers' thoughts and feelings about writing. (Ages 10 and up)

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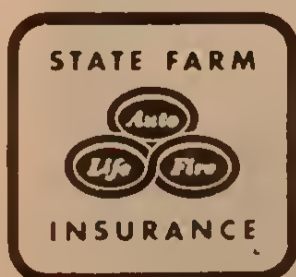
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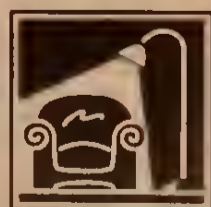


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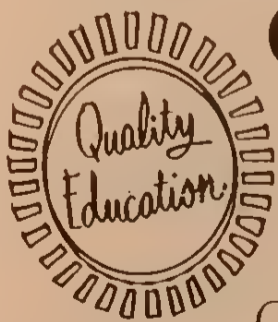


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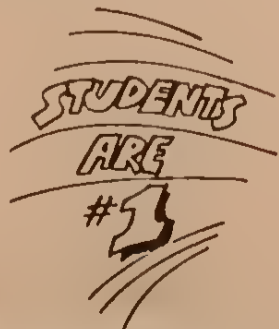


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INDOOR GARDENER/CAI CARE: available for plant-sitting, consultations, design, maintenance, natural pest control, experienced and sensitive cat-sitting. Noe Valley resident with references. Jill Rebecca Bloom, 695-7930.

PART-TIME OFFICE ASSISTANT WANTED: I am a sales representative in the gift industry with an office in Noe Valley, looking for someone with clerical and customer service skills and experience. Duties include: data entry, handling customer orders and phone inquiries, filing, and typing. Hours are flexible, averaging 16 hours per week, varying with the season (can be as much as 20 hours per week, as little as six). Pay \$8.50 plus per hour, based on qualifications. Send resume to: Joan Conway & Associates, P.O. Box 460613, SF, CA 94146-0613.

LICENSED CONTRACTOR: available for residential and commercial, new building or remodeling. Interior staircases a specialty. Home and property owner. See my work first. License #546283. Call Fred, 337-9324.

HOUSECLEANING: five years' experience. References. Call Sarah, 695-0956.

PSYCHOTHERAPY AND COUNSELING: You deserve the best! Ellen C. Ross, L.C.S.W., A.C.S.W. All personal, relationship and work-related concerns. Hugs included! 566-7014.

ELAN REMODELING: Kitchens, baths, decks, stairs, doors, windows. Quality work, free estimates. 648-8351.

ASTROLOGY READINGS and counseling. Life purpose, direction, relationships, self-acceptance. Renee, 647-8366.

CARPENTRY, TILE, DRYWALL, painting: Reasonable rates, top quality, free estimates. Brad Elliott, 954-1290.

WANTED: WOOD FURNITURE: rugs, tools, taxidermy, household, and kitchen items. Cash for one item or entire household. Call Jim or Rose, 641-5209.

GO NATIVE: Renaissance Gardeners will replace lost/damaged specimens with hardy native plants. Free consultation. Call Kenna, 641-1617.

INCOME TAX PREPARATION and consultation for individuals and small businesses. Tax services tailored to fit your individual and small business needs offered in a supportive environment. I have 11 years' tax preparation experience and I am an enrolled agent licensed to represent taxpayers before the IRS. I also offer help in organizing tax records, bookkeeping support, preparation of past year returns, and other special problems. Easy parking and Saturday appointments. Call with your questions or for an estimate. Faith Darling Tax Service, 24th/Castro, 821-4744.

QUALITY INTERIOR PAINTERS: Plaster and sheetrock repairs. Quick, clean, and very reliable. Budget rates. Excellent references. Free estimate. Call 255-1506.

ANXIETY OR PANIC ATTACKS? Agoraphobia, bridge phobia, or social phobia? Help from a therapist specializing in the treatment of anxiety and phobias. Valerie Hearn, Ph.D. 824-3701.

ALEXANDER TECHNIQUE LESSONS: to help increase poise and enhance skill learning. For information and private lessons, contact Jerry Sontag at 861-6830, or Anne Blunthenthal at 864-6683.

BED & BREAKFAST: Noe Valley. Have friends, family wake up to fragrant aromas of homemade popovers, muffins, jams in lovely surroundings. Close to public transportation. Call 648-2515.

HOUSECLEANING: Expert cleaning, laundry and ironing by mature women. Good references, reasonable rates. OPTIONS Domestic Referrals, a non-profit community service. 626-2128.

CLEANINGHOUSE: Home, office, apartment and apartment building maintenance cleaning. Regular, one-time. Moving in, moving out? Spring cleaning? Roger, 664-0513. References.

FURNITURE, STRIPPED and refinished. Fine work quickly done, e.g., dresser with mirror, \$150. Jim, 621-4390, 11 a.m. to 6 p.m., or 641-5209, messages.

BED & BREAKFAST: Noe Valley. Private entrance, bath and kitchenette. Back yard spa and masseuse practitioner available. Day care provided. Call Sheila, 821-0751.

SUPERLATIVE WORD PROCESSING: Experienced professional. M.A. English/M.S.W. Understandable advice. Business, academic, legal, resumes, manuscripts. Expert editing. Notary Public. Laser printing. Good rates. Call anytime. 824-7736.

NOE PAINTING/REMODELING Company: Your permanent house-improving painters. Exterior/interior. \$15 to \$20 per hour. Free estimates. Local references, 15 years. Adam, 824-7787.

LAURA'S CLEANING: Bright like magic! 441-8119.

MASSAGE for people who care about themselves. Swedish, Shiatsu, deep tissue, sports massage. Good for pain release and stress reduction. Located in Noe Valley. Call Rose, 641-5209.

OVERWHELMED BY CLUTTER, bills, taxes? Professional organizer comes to your rescue. I can clear your desk, develop a personalized filing system, balance your checkbook, pay your bills, file medical claims, resolve credit problems. I specialize in organizing receipts, bills, all tax deductibles for optimal tax preparation. Free at-home consultation. Call Debbie, 621-3425.

CLASSICAL LP RECORDS wanted. Boh, 584-1499.

TEXTILE RESTORATION: Textile artist and custom dyer offers high quality and economical repairs of tapestry, oriental and native American rugs, quilts, and other textile handicrafts. Mounting and display services available. 552-8580.

CAT & PLANT CARE: in your home while you're away. Daily visits by experienced, mature woman, recommended by several veterinarians and satisfied clients. Noe Valley resident 20 years. Bonded. Anna-Kays (A.K.), 648-8132.

LONG WALKS AND SWEET TALKS: home pet care service. Loving care, excellent references. Established 1982, bonded. Call Ronda, 824-0188.

CARPENTRY AND PAINTING: interior exterior, minimum on small jobs. Local references. Sandy, 585-6542.

BED AND BREAKFAST: Noe Valley. 826-1158.

PSYCHOTHERAPY: Individuals and couples. Experienced therapist providing a safe, caring place for you to resolve issues, recover, and grow. Relationships, self-esteem, depression, A.C.A., co-dependency, abuse, transitions. Arlene Dumas, L.C.S.W. 641-4553.

HANDIMEN: No job too small. Remodeling, walls, floors, doors, windows, finishing and refinishing, tiles, repairs. 826-8766.

HOUSECLEANING: 221-1586. Consistent. High quality for 12 years. Call Deana.

TRANSFORM YOUR JUNGLE: into a paradise. Clean-ups, pruning, lawns, planting, maintenance, irrigation. Also decks, fences, etc. Remember, it's time to prune. Call Jorge for free estimates. 826-7840.

EXPERT PAINTER performs the highest quality work at the lowest possible price. Educated, licensed, 20 years experience. All painting options, procedures, and materials explained in detail. Richard Schaedel, 383-1847.

POETRY WANTED: The Noe Valley Voice welcomes submissions of poetry from residents of Noe Valley, Tanaka Valley (the Castro), Diamond Heights, the Mission and Glen Park neighborhoods. Poems should be related to neighborhood themes, people or places. Payment: \$10 to \$40 per poem, upon publication. Send submissions with self-addressed, stamped envelope (and a phone number, please) to the Noe Valley Voice, c/o Jane Underwood, 1021 Sanchez St., San Francisco, CA 94114.

How to Use Voice Class Ads

The rate for classified advertising in the *Noe Valley Voice* is 25¢ a word. Just type or print your copy, multiply the number of words by 25¢, enclose a check or money order for the full amount, and mail it to us by the 15th of the month preceding the month of issue.

It also would be a big help if you would indicate whether you are renewing an ad from a previous issue and, if so, include a copy of the published ad with your renewal.

Class advertisers should keep in mind that only the first few words of the ad (not to exceed one line of type) will be highlighted.

Our address is 1021 Sanchez St., San Francisco, CA 94114. Note: The next issue of the *Voice* will appear April 2. Please mail your ad and check—made payable to the *Noe Valley Voice*—so that we receive it by March 15. Sorry, but we are unable to take phone or drop-in orders.

Also note: We cannot accept payment for insertions in more than six issues. Receipts and tear sheets will be provided only if your order is accompanied by a self-addressed, stamped envelope. □

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CALENDAR

MARCH 1-23: "Message in a Bottle" is an exhibit of collaborative MAIL ART produced 1973-1991 by artists across the country. Tues.-Sat., noon-4:30 pm. Intersection for the Arts, 446 Valencia St. 626-ARTS

MARCH 1-31: Noe Valley CDMPTER ARTIST Marge Hanson exhibits montage color prints featuring the art of tattoo. Reception March 17, 1:30-3:30 pm. Rami's Cattle, 1361 Church St. 641-0678

MARCH 5: Modern Times Bookstore hosts "Tonelados del Muerte: La Guerra en el Golfo Persico," a Spanish-language PANEL discussing the impact of the Gulf crisis on the Latino community. 8 pm. 968 Valencia St. 282-9246

MARCH 5: The city's 1991-92 budget and the possibility of reduced services for the S.F. Public Library will be discussed at a COMMUNITY MEETING. 7 pm. Mission Library, 3359 24th St. 695-5090

MARCH 6: The Emergency Committee to Stop the U.S. War in the Middle East presents "Eyewitness Iraq," a VIDEO made by former attorney general Ramsey Clark and filmmaker John Alpert that was censored from national TV networks. 7:30 pm. Third Baptist Church, 1399 McAllister St. 821-6545

MARCH 6, 13, 20 & 27: Come enjoy songs, finger play and stories at the Noe Valley Library's LAPSITS for babies, toddlers, and their parents. 7 pm. 451 Jersey St. 695-5095

MARCH 6 & 20: Gay and Lesbian Outreach to Elders (GLOE) sponsors a SUPPORT GROUP for Lesbians over 60. Noon-2 pm. Operation Concern, 1853 Market St. 626-7000

MARCH 7: Ellen J. Mack, M.F.C.C., leads a Noe Valley women's group focusing on MEDITATION. Call 282-1085 for information.

MARCH 8: Noe Valley Movies presents a tribute to trashy TEEN FLICKS featuring the 1958 classic film *High School Confidential*, plus rock 'n' roll trailers and campy '50s shorts. 7:30 pm. Noe Valley Ministry, 1021 Sanchez St. 282-2317

MARCH 8-30: Galeria Museo features "Hands of Man," mixed-media works by Korean artist JONG KIM. Reception March 8, 6-9 pm. Gallery hours: Tues.-Fri., 1-6 pm, Sat., 11 am-4 pm. Mission Cultural Center, 2868 Mission St. 821-1155



Dance Brigade opens a feminist "Pandora's Box" at Theatre Artaud March 29-30 and April 5-7. PHOTO BY DAVID MAUNG

MARCH 8-April 8: Noe Valley PRINTMAKERS Tim Baskerville, Oiana Lawrence, Katie Murphy, and Tanya Wilkinson exhibit monographs and silkscreens. Reception March 10, 1-3 pm. University of California, Berkeley Extension, 55 Laguna St. 861-6833

MARCH 11: The Diamond Senior Center honors those with March birthdays at a lunch and DANCE. 117 Diamond St. 863-3507

MARCH 12 & 19: Dr. Louise Hart, psychologist, educator, and author of *The Winning Family: Increasing Self-Esteem in Your Children and Yourself*, discusses strategies for developing HEALTHY FAMILY systems. 7:30-9 pm. March 12: James Lick Middle School, 1220 Noe St. March 19: Horace Mann Middle School, 3351 23rd St. 695-5597



MARCH 16: Adults and children over 8 are invited to assemble and decorate a traditional Japanese hexagonal KITE at a workshop sponsored by the S.F. Recreation and Park Dept. 1-3 pm. Randall Museum, 199 Museum Way. 554-9600

MARCH 17: Modern Times sponsors READINGS by contributors to two new literary magazines, *Smell This* (by women of color) and *In Your Face* (by men of color). 7 pm. 968 Valencia St. 282-9246

MARCH 17: NOAM CHOMSKY, MIT professor of linguistics, author, and a leading critic of U.S. foreign policy, speaks on "Unfinished Business: The United States and Central America." Noon-2 pm. Victoria Theatre, 2961 16th St. 621-8981

MARCH 20: Tim Orescher, author of *San Francisco Murals: Community Creates Its Muse 1914-1990*, will discuss his book and show slides of worldwide PUBLIC ART. 8 pm. Modern Times Bookstore, 968 Valencia St. 282-9246

MARCH 21: Friends of the Urban Forest sponsors a workshop, "Caring for Frost Damaged Trees." 7 pm. The Galehouse, Ft. Mason. 543-5000

MARCH 23: Gunnar "Bob" Madsen, a founder of the acapella group The Bobs, makes his SOLO CONCERT debut. 8:15 pm. Noe Valley Music Series, 1021 Sanchez St. 647-2272

MARCH 23: Barbara Hammer's film *Sanctus*, a re-working of moving X-ray footage, headlines a program of NEW FILMS by Bay Area women, presented by Artists' Television Access. 8:30 pm. Other Cinema, 992 Valencia St.



Gunnar Madsen, a founder of The Bobs, goes solo March 23 at the Noe Valley Music Series. PHOTO BY IRENE YOUNG

MARCH 16: Women's Action for Nuclear Disarmament (W.A.N.O.) hosts an evening with PEACE ACTIVIST and environmentalist Dr. Helen Caldicott. 8 pm. Herbst Pavilion, Fort Mason Center, Buchanan & Marina Blvd. 647-5272

MARCH 14 & 28: The San Francisco Greens present two PUBLIC FORUMS addressing the war in the Persian Gulf. 7:30-9:30 pm. New College, 777 Valencia St. 255-2940

MARCH 15: A public ceremony for protection and peace led by Z Budapest and a discussion by MIOWIFE Ann Fuller are featured at "Women, Witches and Midwives." 7:30 pm. Noe Valley Ministry, 1021 Sanchez St. Call Natural Resources, 550-2611, to pre-enroll.

MARCH 16: An information FORUM on chronic fatigue syndrome will present the latest diagnosis, treatment and research information. 1-3 pm. Women's Building, 3345 18th St. 552-5677

MARCH 16: Second Sight, consisting of keyboardist Michael Smolens, reed player Sheldon Brown, and singer/percussionist Biaga Teal, performs original JAZZ THEATER. 8:15 pm. Noe Valley Music Series, 1021 Sanchez St. 647-2272

MARCH 9: LA RAZA United Against the War presents a night of culture and thought performed by the Chicano Secret Service, the S.F. Mime Troupe, and open-mike rappers and speakers. 7-10 pm. Victoria Theatre, 2961 16th St. 621-8931

MARCH 9: Marga Gomez, Diane Amos, and Karen Williams perform the fourth annual "Our COMEDY, Ourselves," with special guests Last Laugh Theatre presenting a "dysfunctional seminar to heal the inner activist." 8-11 pm. Noe Valley Music Series, 1021 Sanchez St. 647-2272

MARCH 10: Women are welcome to join a MEDITATION PROTEST and prayer for peace with harp music channeled by TruthSayer, a local spiritual healer. 3-5 pm. Noe Valley Ministry, 1021 Sanchez St. 282-2317

MARCH 1991

MARCH 8: "Give Peace a Chance," a music/discussion exhibition focusing on the relation of folk and rock music to PEACE EFFORTS 1960-1990, features Daniel Ellsberg, Wavy Gravy, Country Joe McDonald and KFDG's Scoop Nisker. 7-10 pm. The San Francisco Mart, 1355 Market St. 552-2311

MARCH 8: René Gruau, FASHION ILLUSTRATOR for Christian Dior, exhibits recent graphics, paintings, and drawings to benefit the programs of Project Open Hand. 6-9 pm. Circle Gallery, 140 Maiden Lane, 989-2100

MARCH 8: Commemorate International Women's Day at "Our Lives on the Line," a DISCUSSION of the impact of the Persian Gulf war on the lives of women. 8 pm. SF Women's Building, 3543 18th St. 431-1180

MARCH 30: Neighborhood kids are invited to an EASTER EGG HUNT at Noe Courts, to benefit renovation of the park. (Parents are asked to make a \$1 donation.) Bring a bag or basket to the park, corner of 24th and Diamond. 10 am. To sign up, call Erica Green, 824-6330, or come by the park from 9 to 10 am



MARCH 31: The Noe Valley Ministry's EASTER morning celebration and polluck breakfast includes an egg hunt, starting at 7 am. 1021 Sanchez St. 282-2317

APRIL 1: S.F. Community College's eight-week course "Effective STRESS MANAGEMENT for Gays and Lesbians" focuses on building personal coping skills and facing issues of childhood trauma, relationships and grief and loss. 6:30 pm. Everett Middle School, 450 Church St. 585-5212

APRIL 4: San Francisco Community College offers a tuition-free nine-week CLASS, "Challenges for Women Over 40." 6:30 pm. Everett Middle School, 17th & Church St. 826-6230

The Scoop on CALENDAR

Please send calendar items before the 15th day of the month preceding the month of issue to the *Noe Valley Voice*, 1021 Sanchez St. San Francisco, CA 94114. Items are published on a space-available basis, with Noe Valley neighborhood events receiving priority. Note: The next issue of the *Voice* will appear April 2, and will cover events taking place April 2-30. The deadline for calendar items is March 15.

ZIPPY

"NOT A PRETTY THING"

Bill Griffith

